



# 2012 ANNUAL CONFERENCE

April 16-17: *Sheraton Harrisburg-Hershey*

EVENT SPONSOR:



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# ITINERARY

Monday, April 16th and Tuesday, April 17th

## Monday April 16th

7:30–8:30 A.M.

- *Continental Breakfast*
- *Networking and Viewing Exhibits*
- *First Opportunity to Visit our Wide Array of Exhibits and Networking with Other Professionals*

8:30–9:30 A.M.

- *Keynote Address:*  
*Barry L. Duncan, Psy.D.*

Barry L. Duncan, Psy.D., is a therapist, trainer, and researcher with over 17,000 hours of clinical experience. He is director of the Heart and Soul of Change Project ([www.heartandsoulofchange.com](http://www.heartandsoulofchange.com)), a practice-driven, training and research initiative that focuses on what works in therapy, and more importantly, how to deliver it on the front lines via client based outcome feedback and the Partners for Change Outcome Management System. Barry has over one hundred publications, including fifteen books. His latest books: the 2nd edition of the Heart and Soul of Change: Delivering What Works (APA, 2010); and On Becoming a Better Therapist (APA, 2010). He is the co-developer of the Outcome Rating Scale (ORS), Session Rating Scale (SRS), Child ORS, and Child SRS, measures designed to give clients the voice they deserve

as well as provide clients, clinicians, administrators, and payers with feedback about the client's response to services, thus enabling more effective care tailored to client preferences. Because of his self-help books, he has appeared on "Oprah," "The View," and several other national TV programs. Barry conducts seminars internationally in hopes of inciting insurrection against practices that diminish clients and encouraging therapists to establish their own identity. He can be reached at [barrylduncan@comcast.net](mailto:barrylduncan@comcast.net) and [www.heartandsoulofchange.com](http://www.heartandsoulofchange.com)

Dr. Barry Duncan's Keynote address is entitled: *The Good, the Bad, and the Ugly of Mental Health/Substance Abuse Services: Becoming Better at What We Do*

Despite therapy's overall effectiveness, drop outs are a problem, many clients do not benefit, and therapists vary significantly in effectiveness. Client-based outcome feedback offers a viable solution to these problems by identifying at risk clients before they drop out or realize a negative outcome while simultaneously raising the bar of therapist performance. In fact, consumer feedback about the benefit and fit of services increases positive outcomes more than anything since the beginning of psychotherapy.

■ **Morning Sessions:**  
9:30 A.M.–12:30 P.M.

10:45 A.M.

- *Coffee break and viewing exhibits*

**Adolescent Co-Occurring Disorders-An Overview** (3 hours)

Richard Jones, MA, CADC, CCDP, CCS

This training will provide an overview of the significant issues related to Adolescent Co-Occurring Disorder (COD) treatment. The methods and principles associated with the Adolescent COD Train the Trainer course endorsed by OMH-SAS will be utilized. We will define co-occurring disorders and discuss the prevalence among adolescents along with the unique developmental issues associated with adolescent co-occurring disorders. An overall review of effective COD interventions and treatment strategies will be presented with emphasis on issues specific to adolescent development. Stages of Change driven interventions and Motivational Interviewing strategies will be presented in an effort to highlight best treatment practices with the adolescent co-occurring population. We will also focus on issues of family, friends and significant other engagement, as this is essential to the recovery process. This workshop will include didactic content along with case examples.

**Returning Veterans, Addiction, and Toxic Spirituality** (3 hours)

Michael Pollitt, D.Min, CADC, CCDP Diplomate

This presentation will explore the high rate of intoxicant use among returning Veterans and how it can lead to, and eventually serves as, a toxic spiritual and existential substitute for authentic spirituality. Efforts will be made to understand the mental health problems that accompany readjustment to civilian life and to address the growing phenomenon of estrangement that can lead to homelessness among this population. Discussion will include ways to ensure early recognition of excessive intoxicant use as a way of filling an existential void among a population whose symptoms are often masked by physical and emotional changes. Works of pioneers in the field, such as Howard Clinebell and Gerald May, will be examined, as well as other contributors who view the spiritual and existential side of addiction as another piece of the greater addiction puzzle. Assessment and treatment approaches will be reviewed along with suggestions for appropriate practical application of these strategies within a Veteran population.

**Personality Disorders and Substance Use: Intertwined** (3 hours)

Dotti Farr, CCDP Diplomate, LSW, LADC and Catherine Chichester, APRN, BC

Up to 30 percent of people who require mental health services have at least one personality disorder. Personality disorders are a group of psychiatric conditions in which a person's persistent behaviors, emotions, and thoughts are very different from their culture's expectations and cause serious problems with relationships and work. As a result, people with these disorders often don't seek treatment, and those who do often drop out. It becomes even more challenging when people with personality disorders also use and abuse substances. Addiction treatment will surely be compromised if we do not recognize and concurrently treat the whole person. This complex interplay of disorders often creates significant challenges for providers who struggle to engage people in treatment and support their recovery efforts. This workshop will explore the three personality clusters, highlight the coping strategies that individuals utilize and examine how those strategies intertwine with substance use. While treating personality disorders is not easy, it isn't impossible. We will offer ideas and practical guidelines for professionals interested in increasing the effectiveness of their work with clients who must learn to manage the interplay of these two disorders.

**Substance Abuse's Forgotten Victims: Family Impacts of Substance Abuse on Children** (3 hours)

Erin Deneke, Ph.D., LCPC and Michelle Maloney, M.S., LPC, CAADC

Children are strongly impacted by the chemical use of their parents and when they grow up in a home where one or both parents are chemically dependent, they are at greater risk for the early onset and rapid progression of chemical dependency or developing other maladaptive behaviors, such as aggressiveness, impulsiveness, having low self-esteem, anxiety, depression, performing poorly in school and/or developing relationship problems that continue into adulthood. Often these issues go overlooked as parents may lack the capacity to recognize problems when under the influence or in trying to cope with the substance use of a partner. Utilizing current research, case studies, and current treatment modalities, this workshop will educate the participants on not only the need for early intervention with children but also the tools to provide intervention in a group format. On completion of the workshop, participants will have an understanding of familial impacts of substance abuse and about the psychological health issues that often face children growing up in these environments. Screening methods for children at risk as well as intervention tools will be discussed. This workshop will use both didactic and interactive learning.

**Psychopharmacology: Medication Use in the Co-Occurring Population** (3 hours)

Michael Palladini, R.Ph., MBA, CADC

This training will discuss the medications currently prescribed in the co-occurring disorder (COD) population. Categories of medication will be identified along with the appropriate diagnoses and pharmacological profiles of each category. Therapeutic and side effects will be discussed, as well as drug interactions between prescribed medications and substances that may be abused. Trends and statistics involving the prevalence and treatment of individuals in the COD population will be reviewed, specifically in the areas of medication and compliance. Attendees will have the opportunity to become familiar with the many types of medication being used to treat a variety of diagnoses, including depression, anxiety, insomnia and bipolar disorder. Used with alcohol, cocaine, opiates and other drugs of abuse, the possibilities of interactions and adverse symptoms become great. The goal of this presentation is to assist those providing treatment in the COD population gain a greater familiarity with these possibilities.

12:30 P.M.–1:30 P.M.

- *Awards Luncheon*

The awards luncheon will honor the recipients of the 2012 PCB Certified Professional of the Year Award and President's Award.

1:30 P.M.–4:30 P.M.

- *Afternoon trainings*

2:45 P.M.

- *Soda break and viewing exhibits*

■ **Monday April 16**  
**Afternoon Sessions:**  
**1:30-4:30 P.M.**

**Medication Assisted Therapy**  
(3 hours)

James Snyder, MA, LPC, CAADC  
Diplomate and Jeffrey Kaufhold, R.Ph.

This training presentation will be in two parts. Part one will include the brain chemistry of addiction. Through the use of animations, there will be explanations of action potential, neuron and synaptic transmission, specific neurotransmitters related to addiction, and the reward system of the mesolimbic pathway. Part two will review recent research on medications currently being used to treat drug, alcohol, and even gambling addictions. The mechanisms of actions for alcohol and each drug addiction along with the prescribed medications for treatment will be reviewed utilizing the first part of the presentation as a base for understanding. This training is tailored to more advanced practitioners.

**A Social Justice Approach to Treatment of Co-Occurring Disorders** (3 hours)

Andrew Nocita, Ph.D., CAAP

Therapists and counselors acknowledge the frequent overlap of mental health disorders and substance use disorders. It is also well known that lower income and minority clients seem to be over represented in therapists' caseloads. However, many practitioners continue to use the same therapy and counseling techniques regardless of who the client is, or what problems might be involved. As a result, failure rates are high for therapy, especially when co-occurring disorders are involved. This workshop is oriented toward counselors and therapists at an intermediate level who want to develop more effective skills with clients who have co-occurring disorders. The session will include brief didactic mini-lectures and interactive discussion, along with brief practice exercises to apply new skills. Participants will learn to recognize cultural and social factors that may complicate treatment and ways to effectively address these factors. An integrative treatment approach that includes Motivational Interviewing, CBT, Gestalt Therapy, Person-Centered Therapy, and Interpersonal Therapy approaches, will be explained, discussed, and practiced in the workshop.

**Crossing the Invisible Line: Boundary Issues for the Addiction Professional** (3 hours)

Marilyn Stein, M.Ed, CAAP

Doing the right things seems obvious yet boundary issues, including sexual misconduct is prevalent in the field. Sexual misconduct continues to be the number one complaint heard by state ethics boards against clinicians. According to F.G. Reamer, "Although some boundary violations occur in and remain in the dark, many eventually come to light." Once they do, these issues have the potential to harm clients and end careers. Most treatment providers don't intend to step over the line but rather drift towards it for a variety of reasons that seem acceptable in the moment. This workshop, which is appropriate for all levels of expertise, will consider the importance of strong boundaries that protect the therapeutic relationship. It will also provide a decision making model that can help keep boundary questions from becoming ethical violations. This training can be used for the three hour ethics requirement for recertification.

**Multicultural Counselor  
Competence: Recommendations  
for Substance Abuse Counselor  
Training and Organizational  
Implementation (3 hours)**

Chris Cubero, Ph.D., LPC, CAADC,  
ICAADC and Melanie East, M.Ed

Ethical multicultural counseling competence (MCC) among substance abuse counselors aims to enhance the counselor awareness, knowledge and skills necessary to help people from diverse populations (Arrendondo & Toporek, 2004). Practical guidelines are emerging to assist in the organizational implementation of MCC standards and the training of counseling professionals (Cubero, 2011). The current presentation briefly reviews MCC theory and recommends effective evidence-based methods to train counselors in MCC (Collins et al., 2010). Presentation materials, tips, discussions and recommendations are based on current research and the experiences of an existing university alcohol and drug program that implemented multicultural counseling specific training over the past 2 years to enhance the professionalism of 24 substance abuse counselors-in-training. To encourage participant MCC-specific programmatic implementation, practical applications to train counseling professionals are provided, including: handouts, case study examples, and power-point slides. Methods for infusing MCC into organizational programming are also discussed including tools to evaluate MCC training effectiveness

(D'Andrea et al., 1991). Tips for clinical supervision that are multicultural counseling specific are also given. The presentation is suitable for program administrators, clinical supervisors and clinicians with an intermediate to advanced interest in enhancing counselors' MCC.

**Recognizing Addiction in the  
Professional: What do we do Now?  
(1.5 hours; 1:30 P.M.–3:00 P.M.)**

William Lorman, Ph.D., MSN,  
PsyNE, CARN-AP

In the general population in the US, the lifetime prevalence of any substance abuse or dependence disorder has been estimated to be 26.6%. Experts suggest that the lifetime risk for medical providers is somewhat higher. Thus, dependence on controlled drugs and alcohol has been described as an "occupational hazard" for this population. This presentation will identify patterns of substance use and addiction in the healthcare professions, some screening aids and how to refer a colleague for treatment. Additionally, there will be a review of the biology of addictions along with specific issues related to the identification and confrontation of the addicted health professional and the use of professional peer assistance monitoring programs.

**Increasing Professional Effective-  
ness in Behavioral Health and  
Addictions Treatment (1.5 hours;  
3:00-4:30 p.m.)** Paula Tropicano,  
M.A., LPC, CCDP Diplomate

What gets measured gets done, but what cannot be measured is often the source of success. A healthcare providers' professionalism is the source of healthcare service delivery. The attitude, communication, ethics, altruism, and ability to be flexible and cooperative is what is most often not measured but the key to success. The provider is the product and is the tone which shapes an organization and impacts its effectiveness in executing its vision and plan. This training is geared towards gaining an understanding of the meaning of professionalism; its' impact on patient care, financial health and organizational effectiveness. It provides a framework for understanding the bigger picture of service delivery, offering an opportunity to identify what does and doesn't work. As a group we will identify and discuss how the professionalism of providers is at the center of an organization's reputation, financial health and culture—and how behavior has a ripple effect which either gradually erodes at the quality of an organization or shapes it into a robust system. This training is focused on how to build a system of accountability and growth.

5:00 P.M.-6:00 P.M.

- *Welcome reception with Tim Grealish, Comedy Performer*

Headline performer, popular nationally recognized speaker and seasoned comedian, Tim Grealish takes everyday issues facing those in recovery and wrings out every bizarre drop of humor. His own outrageous experiences in addiction, as a treatment professional and interventionist are all part of a unique adventure through an unconventional world. No topic is off limits and when combined with Tim's rapier wit and frenetic delivery audiences are enthralled by tales of his journey to sobriety and life in recovery. Hold on for a ride you won't soon forget.

6:00 P.M.

- *Light refreshments and punch*
- *View exhibits and network*

Tuesday April 17th

8:00 A.M.–9:00 A.M.

- *Continental Breakfast*
- *Keynote Address:*  
*Neil A. Capretto, D.O., F.A.S.A.M.*

Dr. Neil A. Capretto has served as medical director at Gateway Rehab since 1998 and has been a full-time psychiatrist with Gateway since 1989. He is certified by the American Board of Psychiatry and Neurology (with added qualifications in Addiction Psychiatry) and is a medical review officer and fellow for the American Society of Addiction Medicine. In 2009, he was named “Not-for-Profit Communicator of the Year” by the Pittsburgh Chapter of the Public Relations Society of America and was among the first physicians in the United States to be certified and awarded “diplomat status” by the American Board of Addiction Medicine, a new independent medical specialty board. Dr. Capretto has authored several scholarly articles and has given numerous presentations to a wide range of audiences on various topics relating to the disease of addiction. He consistently serves as a consultant for the local news media and has provided expert medical commentary for several national media outlets including ABC and NBC broadcast news, The New York Times, The Wall Street Journal, People, Women’s Health and Lifetime TV network. Currently, Dr. Capretto serves on the board of directors for the Pennsylvania

Society of Addiction Medicine and he is a member of the American Society of Addiction Medicine and the American Academy of Addiction Psychiatry. In addition, Dr. Capretto is a professional advisory committee member for Al-Anon World Services Outreach.

Dr. Capretto’s Keynote address is entitled: *Prescription Drug and Heroin Addiction Trends and Treatment*

9:00 A.M.–Noon

- *Morning trainings*

10:15 A.M.

- *Coffee break and viewing exhibits*

■ **Tuesday April 17**  
**Morning Sessions: 9 A.M.–Noon**

**Signs and Symptoms of PTSD in Adolescents** (3 hours)

Deborah Slates-Ciocco, MA

Society has come to understand that adolescents can develop PTSD if they are the victims of physical, emotional, psychological or sexual abuse. Witnessing violence in the home or the community can also cause individuals to develop symptoms of Post-Traumatic Stress Disorder. The juvenile justice system, as part of the larger society has also become aware that many young men and women coming into contact with the “System” may have PTSD issues that need to be ad-

ressed. This workshop will review and discuss the signs and symptoms of PTSD in Adolescents, review a case study of PTSD treatment, and will provide all participants with a more thorough understanding of this disorder within the Adolescent population. Join us for this informative, interactive training discussing the signs and symptoms of PTSD.

**Withdrawal, Post-Acute Withdrawal and Emotional Augmentation (all that looks like dual-diagnosis may not be)** (3 hours)

Christopher Davis, D.O., CAADC

This training begins with a clinically relevant review of the neurobiology of addiction. The role of the “reward pathway” in the development and maintenance of addiction is presented. How chemical dependency results in impaired judgment, impaired insight and emotional instability is discussed as well as the areas of the brain that are involved. The “rebound theory” which explains the normal emotional augmentation seen in early recovery and how this can be misinterpreted as a mental health disorder is discussed. Alterations in neurotransmitter levels as a result of chronic drug and alcohol use, and how that presents clinically, including relapsing to substance use, is discussed. Several case reviews will illustrate how some people with chemical or alcohol dependency get trapped into the mental health system and may fail to receive necessary drug and alcohol treatment. The second part of the training

reviews drugs requiring detoxification and the typical withdrawal symptoms for each of these drugs. How withdrawal symptoms can be misdiagnosed as a mental health disorder and mismanaged is discussed. Different detoxification techniques are presented.

**Delivering Trauma Informed Care** (3 hours)

Carolyn Baird, DNP, MBA, RN-BC, CARN-AP, ICCDPD and Pauline Amasmeier, BSN, MS, LPC, RN-BC, DCC

Once novice and experienced counselors increase their understanding of the psychological impact of trauma on individuals, they are able to prepare appropriate treatment approaches and deliver quality care for individuals with trauma histories. Trauma has been recognized as an underlying factor in mental health and substance use disorders. Conservative estimates are that individuals being treated for severe mental illness have an almost 50 percent chance of having a history of childhood physical or sexual abuse. That percentage can be expected to be even higher in individuals with a substance use disorder, even as high as 92 percent. Failure to address its impact affects patient/client safety and leads to poor treatment outcomes. National quality performance measure guidelines for treatment programs recommend a thorough assessment that takes a complete trauma history before treatment can begin. SAMHSA (Substance Abuse and Mental Health Services Administration) has taken this a step further and recommends

that substance abuse treatment programs develop trauma informed treatment approaches that address these trauma issues as an integral part of the programming. Learn what trauma informed care is and why it is important. Integrate best practice approaches into your treatment program and see how your program's outcomes are affected.

### **Benzodiazepines 101:**

**What are they and how do they work** (1.5 hours; 9:00 A.M.-10:30 A.M.)

Mark Fuller, M.D.

The illicit use of benzodiazepines is a growing problem in the field of substance abuse. It is critical to understand both the use and misuse of benzodiazepines by consumers. This workshop will address important concepts regarding these medications and is geared toward the counselor working in the substance abuse treatment field. Basic concepts regarding the pharmacology and brain effects of benzodiazepines will be presented in an introductory format. More advanced concepts regarding the evaluation and treatment of consumers who are using and/or abusing benzodiazepines will also be presented. An opportunity for discussion will be available throughout the presentation. All information will

be based on the scientific literature (including the "Principles of Addiction Medicine Third Edition" and the "Diagnostic and Statistical Manual of Mental Disorders Version IV-TR") with an emphasis on evidence based concepts.

### **Living Free from Food Addiction**

(1.5 hours; 9:00 A.M.-10:30 A.M.)

Rhona Epstein, Psy.D., CADC

Addiction counselors often use the phrase "switching addictions is like switching seats on the Titanic." We think of this in relation to switching from one mood and mind altering chemical to another, but food addiction is also a serious problem that many will turn to in the process of becoming sober. This training will cover the latest research on food addiction and will describe the similarities in the brain functioning between chemical and food addictions. Participants will better understand the recovery process for food addiction. Topics that will be covered in this training include: food addiction basics, negative consequences of addictive eating, food planning, 12 step involvement, challenges in maintaining recovery, relapse, connections between substance and food abuse.

### **Working with GLBT Clients**

(1.5 hours; 10:30 A.M.-Noon)

Melissa Perkins, M.Ed, CADC

The gay, lesbian, bisexual, and transgender (GLBT) community is not only a minority group in society at large, but has also been identified as a special needs population in regards to substance abuse treatment. As a special needs population it is critical that treatment professionals are not only competent with treatment strategies specific to this populations needs, but are also comfortable working with GLBT individuals. Higher rates of addiction and mental health issues compared to their heterosexual counterparts will be explored and possible causes and influences will be examined. In addition to developing a better understanding of the treatment needs of GLBT clients, participants will learn practical techniques to working with the GLBT community. This workshop is an introduction to working with GLBT clients and counselors to administrators can benefit from the presentation. Although the workshop largely employs a didactic modality, participation and interaction from participants is encouraged.

### **Restorative Counseling Techniques with Substance Abuse Clients**

(1.5 hours; 10:30 A.M.-Noon)

Elizabeth Smull, MRPYC, CADC and Mary Lynn LaSalvia Keyte, MRPYC, CADC

This workshop will focus on a range of practices that can be used in individual, family and group treatment settings. Discussion topics will include client engagement, helping clients take responsibility for their actions, stages of change, the narrative approach and interventions. Participants will take away practical applications to enhance their clients' journeys through treatment. Join us in a conversation about taking a restorative approach to working "with" clients.

## EXHIBITS OPEN

Monday 7:30 A.M.–6:30 P.M.  
Tuesday 8:00 A.M.–11:00 A.M.

## LOCATION

Sheraton Harrisburg-Hershey  
4650 Lindle Road, Harrisburg, PA  
17111, 717-564-5511

## HOTEL RESERVATIONS

A block of rooms has been reserved at the Sheraton Harrisburg Hershey at a special conference rate of \$101 per night. Reservations should be made by contacting the Sheraton at 1-800-325-3535 or online at [www.starwood.meeting.com/Book/PCB](http://www.starwood.meeting.com/Book/PCB) and must be made by March 17th, 2012, to receive this special rate. Be sure to identify yourself as attending the PA Certification Board Conference to receive this special room rate.

*Check-in time is 3:00 P.M.  
Check-out time is 12 Noon*

The Sheraton Harrisburg Hershey is an upscale, full-service hotel making it one of the finest hotels in the Harrisburg area. The hotel is situated 1 mile from Exit 247 of the PA Turnpike and conveniently located next to Interstates 81, 83, and 283. A brand new shopping/dining area sits directly behind the hotel.

**Guest Rooms.** The Sheraton Harrisburg Hershey offers 348 guest rooms equipped with radio/alarm clocks, television with Internet access, in-room movies, iron and board, hairdryer, coffee maker, and refrigerator, room service, free daily newspaper, and in-room safe. The hotel offers heated indoor and outdoor pools, a health club, a game room and complimentary self-parking.

**Dining.** The hotel offers *Dog and Pony*, a specialty restaurant for breakfast, lunch, and dinner, open daily from 6:30 A.M.–11 P.M. offering American cuisine in a casual elegant atmosphere.

## REGISTRATION

The attached registration form should be completed and mailed to *PCB, 298 S. Progress Avenue, Harrisburg, PA 17109*. Payment must accompany each registration. Confirmation letters and driving directions will be mailed or emailed for all registrations received up to 10 working days prior to the conference.

## CONFERENCE PRICE INCLUDES:

*Monday and Tuesday Continental Breakfast; Monday and Tuesday Keynote Speeches; Monday and Tuesday Workshops; Monday Awards Luncheon; Welcome Reception with Tim Grealish, Comedy Performer; All Breaks; Access to Exhibits; PCB Approved Education; Conference Giveaways*

The PCB Registration Desk will be open Monday, April 16th from 7:00 A.M. through 12 Noon on Tuesday, April 17th.

## Cancellations/Refunds/Changes

Written refund requests, acceptable up to 10 days prior to the conference are subject to a \$25 administrative fee. Written substitute attendee requests, acceptable up to 10 days prior to the conference, are subject to a \$25 administrative fee. Payment on or after the conference date is subject to a \$10 administrative fee.

## Continuing Education

Certificates of attendance with earned continuing education hours will be emailed to all participants within three working days after the participant completes a brief on-line training evaluation for each workshop attended.

The keynote address and all workshops are PCB Approved and suitable for use toward initial certification or recertification for all credentials offered by PCB. Eleven continuing education hours will be awarded for attendance at the entire conference.

## WORKSHOP SELECTIONS

### Monday Morning

*Please select only one workshop for Monday morning—all workshops are three hours long*

- Adolescent Co-Occurring Disorders—An Overview
- Returning Veterans, Addiction, and Toxic Spirituality
- Personality Disorders and Substance Use: Intertwined
- Substance Abuse's Forgotten Victims: Family Impacts of Substance Abuse on Children
- Psychopharmacology: Medication Use in the Co-Occurring Population

### Monday Afternoon

*Please select only one workshop if you plan to attend a 3-hour workshop. If you attend a 1.5-hour workshop, you must also select and attend another 1.5-hour workshop for full credit to be awarded.*

- Medication Assisted Therapy (3 hr.)
- A Social Justice Approach to Treatment of Co-Occurring Disorders (3 hr.)
- Crossing the Invisible Line: Boundary Issues for the Addiction Professional (3 hr.)
- Multi-Cultural Counselor Competence: Recommendations for Substance Abuse Counselor Training and Organizational Implementation (3 hr.)
- Recognizing Addiction in the Professional: What do we do now? (1.5 hr., 1:30 P.M.–3:00 P.M.)
- Improving Professionalism in Behavioral Health and Addictions Treatment (1.5 hr., 3:00 P.M.–4:30 P.M.)

### Tuesday Morning

*Please select only one workshop if you plan to attend a 3-hour workshop. If you attend a 1.5-hour workshop, you must also select and attend another 1.5-hour workshop for full credit to be awarded.*

- Signs and Symptoms of PTSD in Adolescents (3 hr.)
- Withdrawal, Post-Acute Withdrawal and Emotional Augmentation (all that looks like dual diagnosis may not be) (3 hr.)
- Delivering Trauma Informed Care (3 hr.)
- Benzodiazepines 101: What are they and how do they work (1.5 hr., 9:00 A.M.–10:30 A.M.)
- Living Free from Food Addiction (1.5 hr., 9:00 A.M.–10:30 A.M.)
- Working with GLBT Clients (1.5 hr., 10:30 A.M.–Noon)
- Restorative Counseling Techniques with Substance Abuse Clients (1.5 hr., 10:30 A.M.–Noon)

## REGISTRATION FORM

Please register online at [www.pacertboard.org](http://www.pacertboard.org) or fill out and mail in the following registration form. Fee must accompany your form. Please print clearly. One form per person only.

Name: .....

HomeAddress:.....

City:..... State:..... Zip:.....

Phone: (Home) ..... (Work).....

Email: .....

I would like to receive registration confirmation and directions by email.

### Fee Schedule:

- \$150 prior to April 1 deadline.
- \$175 after April 1 deadline.

### Method of Payment:

- Check (payable to "PCB")     Money Order
- Visa     MasterCard

Credit Card #: .....

Expiration Date: ...../..... 3 digit code:.....

Name (as it appears on card): .....

### Cancellation/Change Policy

An administrative fee of \$10 will be charged for substitution of attendee, workshop change, cancellation, or if fee is received on or after the training date. No refund will be given for cancellation within two weeks prior to workshop or no-shows. Written requests for attendee substitution or training change are accepted up to five business days prior to training date.

*Continues on back...*



**Pennsylvania Certification Board**

298 South Progress Avenue  
Harrisburg, PA 17109-4626

*Return service requested*

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*Space is limited...  
register today!*