CERTIFIED INTERVENTION PROFESSIONAL CONTENT OUTLINE

DOMAIN ONE: INTERVENTION COMPETENCE

1. Use various techniques of verbal and non-verbal communication to establish rapport and build trust.
2. Use honest, non-judgmental and transparent communication.
3. Recognize and understand non-verbal behaviors.
4. Understand the safety needs of the individual during transport to the facility.
5. Demonstrate knowledge of various cultures and identify personal biases including respect for personality, spirituality, religion, lifestyle, gender and special needs.
6. Understand and use feedback procedures.
7. Demonstrate knowledge of and rational for referral sources, and level of care for the individual and intervention team.
8. Understand the use of diagnostic criteria for substance use, mental and behavioral health and co-occurring disorders.
9. Understand the variety of intervention techniques that are widely accepted.
10. Demonstrate knowledge of boundary setting and reinforcement.
11. Understand the risk factors of and emergency procedures that relate to overdose, potential suicide, homicide, self-injury, violence and aggressive behavior.
12. Ability to address potential barriers and objections of the intervention team and individual.
13. Demonstrate knowledge of screening and assessment tools.
14. Assess the risk for potential crisis escalation.
15. Understand crisis intervention techniques and de-escalation tools.
16. Apply techniques for managing and reducing stress for the intervention team.
17. Maintain relationships with other professionals.

DOMAIN TWO: PRE-INTERVENTION

1. Obtain relevant history and related information including: physical, medical, co-occurring disorders and financial to evaluate the current situation, determine immediate needs and the impact on treatment options.
2. Educate the intervention team on substance use, mental and behavioral health and co-occurring disorders.
3. Demonstrate knowledge of family systems.
4. Explain the rationale, purpose, and procedures associated with the intervention process.
5. Develop and review safety plans with the intervention team.
6. Determine the relevance of intervention team members and the hierarchies that exist.
7. Use case coordination techniques to assist in the management of the intervention team, service resources, finances and location of the intervention.
8. Establish the primary intervention strategy.
9. Develop a contingency plan for the intervention.

DOMAIN THREE: INTERVENTION

1. Establish the goals and purpose of the intervention.
2. Manage family and system dynamics by maintaining a goal-oriented focus.

3. Recognize signs and symptoms of intoxication and withdrawal.
4. Overcome objections by communicating effectively.
5. Use motivational interviewing techniques.
6. Maintain the integrity and safety of the intervention team.
7. Respond to distractions to the intervention process.
8. Maintain the leadership role during the intervention.
9. Recognize when the established intervention strategy is ineffective and modify the approach.
10. Educate the individual on substance use, mental and behavioral health and co-occurring disorders.
11. Maintain the cohesiveness of the intervention by observing and responding to the intervention team's and the individual's verbal and non-verbal communication.
12. Use existing crisis situations to facilitate the recovery process.
13. Explain the addiction process, recovery plan and recommendations for treatment.
14. Explain the next steps and follow-up process.
15. Implement a contingency plan, if needed.
16. Conclude the intervention based upon the outcome of the intervention.

DOMAIN FOUR: POST-INTERVENTION

1. Debrief with the intervention team.
2. Communicate, and implement boundaries based upon the outcome of the intervention.
3. Provide and maintain support between the interventionist and the invention team and individual based upon the outcome of the intervention.
4. Encourage and support the individual and intervention team to continue with treatment and aftercare recommendations.
5. Demonstrate knowledge of referral source's policies on case consultation.
6. Maintain a relationship with the treatment provider(s).

DOMAIN FIVE: PROFESSIONAL & ETHICAL RESPONSIBILITY

1. Demonstrate knowledge of the role of the intervention professional.
2. Adhere to established professional codes of ethics and standards of practice.
3. Recognize individual biases of the interventionist, individual and the intervention team.
4. Continue professional development through education, self-evaluation, supervision and consultation in order to maintain competence and enhance effectiveness.
5. Implement strategies to maintain personal and professional well-being.
6. Identify and evaluate intervention team issues that are outside of the interventionist's scope of practice and refer to other professionals as needed.
7. Promote the availability of intervention services to other behavioral health professionals, government entities, and communities.
8. Maintain up-to-date treatment provider networks.
9. Establish business protocols including but not limited to financial, service agreements, and transparency.
10. Adhere to confidentiality regulations.
11. Identify conflicts of interest with outside resources.
12. Understand the need for boundaries between the interventionist and the individual and intervention team.