

Certified Recovery Specialist (CRS) Training Series Fall 2021

The CRS/CFRS training series will be held over seven weeks beginning 10/7/21 and concluding 11/16/21. The training is funded by the Pennsylvania Department of Drug & Alcohol Programs (DDAP) and there is no cost to attend. Upon completion of the training, funding assistance from the Cambria County Drug & Alcohol Program is available, as may be necessary, for application fees for initial certification (\$150 for either CRS/CFRS or \$300 for both) and testing fees.

Training Location:

Behavioral Health of Cambria County Central Park Complex Cambria County Academic Center 110 Franklin Street, Suite 100 Johnstown, PA 15901

To Apply:

- Candidates must begin by creating an account at https://www.pacertboard.org/
- Once an account is created candidates must apply for the class at https://www.pacertboard.org/class/recovery-specialist-62
- The class is currently set to "private" and the password to access the application is CCDAP
- Approved students must also have a login on DDAP Training Management System. You MUST set the account up at https://apps.ddap.pa.gov/tms/Logon.aspx
- Students may test for CRS Certification after completing 78 hours of training including 66 classroom hours and 12 hours of work outside the classroom.

^{*}The hours listed here are the minimum hours necessary to complete the curriculum. Actual classroom time may vary from week to week depending on class flow. Students should arrive by 8:15 am and expect to be in class to 4:30 pm each day.



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Date	Course	Hours
10/7/2021	RSC01 - Introduction for the Recovery Specialist	6.5
	The first session in the Recovery Specialist Curriculum (RSC) will introduce the course, covering the history of SUD and recovery. Multiple definitions of recovery will be discussed as well as initial dialogue on the role of the recovery specialist.	
10/8/2021	RSC02 - The Role of the Recovery Specialist	6.5
	The second session in the RSC will conclude the discussion of the role of the Recovery Specialist (RS) and begin the review of communication and professional skills of the RS	
10/14/2021	RSC03 - Communication and Motivational Interviewing	7
	The third session of the RSC will conclude the discussion of the role of the Recovery Specialist (RS) and introduce Motivational Interviewing.	
10/15/2021	RSC04 - Stages of Change and Ethical Considerations	6.5
	The fourth session of the RSC will continue the discussion of Motivational Interviewing and review the Stages of Change. Ethical responsibility and professionalism will also be discussed.	
10/21/21	RSC05 - Ethical Responsibility and Professionalism	6.5
	The fifth session of the RSC will conclude the discussion on ethics and professionalism. The day will conclude with beginning the discussion on Substance Use Knowledge.	
10/22/2021	RSC06 - Substance Use Knowledge	6
	The sixth session of the RSC will be an in-depth discussion on substance use	
11/4/21	RSC07 - Co-Occurring/Mental Health and Recovery Planning/Collaboration	6.5
	The seventh session of the RSC will discuss co-occurring disorders and mental health, as well as begin a discussion on recovery planning and collaboration.	
11/5/21	RSC08 - Recovery Planning/Collaboration and Other Types of Support	6.5
	The eighth session of the RSC will conclude discussion of recovery planning	
	and collaboration. Additionally, other types of support a recovery specialist can provide will be reviewed, including non-clinical support groups, digital recovery support, and advocacy.	
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For more information, please call the Cambria County Drug & Alcohol Program at 814-536-5388.