



# **2023** **ANNUAL** **CONFERENCE**

**April 24–25 | Hilton Harrisburg**

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# WELCOME

## PCB welcomes you to the Annual Conference

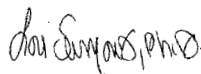
The focus of this years' conference is on ethics which we could not be more proud to state. All trainings will highlight the importance of ethics, regardless of the specific training topic. We are also pleased to have the PCB Ethics Committee members on a panel to discuss this important topic. Our fabulous array of trainings and trainers, along with our exhibitors, advertisers, and sponsors, will enrich your attendance and make this an enjoyable experience for all attendees. We are grateful for their support and the support of our attendees.

We hope that you will have a productive and fun-filled time at this very special conference.

On behalf of the entire PCB Board of Directors and staff, thank you for attending the PCB Annual Conference.



Mary Jo Mather  
PCB Executive Director



Lori Simons, Ph.D., CAADC, CCDPD  
PCB President

Thanks to our sponsors:



# MONDAY

## Monday

April 24

### Continental Breakfast

7:00 AM–8:30 AM

Networking and Exhibits

Harrisburg Ballroom

### Ethics Panel Discussion: PCB Ethics Committee

8:30 AM–10 AM

### Break & Exhibits

10:00 AM–10:15 AM

Harrisburg Ballroom

### Monday April 24th, Morning Sessions

10:15 AM–12:15 PM

#### Are you Right-Sized?

#### Let's Break it Down

Margaret Eckles-Ray, CADC, CRS

#### Digital Dilemmas: Ethical Considerations of Telehealth in Treating Substance Use Disorder

Marcelle Giovannetti, Ed.D., CADC,  
ACS, NCC, LPC

#### Through Fear to Recovery

Ken Martz, PsyD, MBA

#### Working with Trauma Exposure in First Responders: Recommendations and Considerations of Treatment

John Houton, PhD, CAADC

### Conference Luncheon

12:15 PM–1:00 PM

Harrisburg Ballroom

### Break and Exhibits

3:00 PM–3:15 PM

Harrisburg Ballroom

### Afternoon Sessions Block One

1:00 PM–3:00 PM

#### In Consideration of Aspirational Ethics—The Lynch Pin of What Influences our How, What, Why, and When as Professionals Providing Care

Jeb Bird, MS, CAADC

#### The Convergence of Gambling and Gaming

Gregory Krausz, MA, CAADC, LPC  
& Josh Ercole, BA

#### Professionalism in the Workplace

Brad Schweitzer, MS, CADC, CIP,  
CRS, CRSS

#### Ethics & Client Placement:

#### Do you know where your patient went?

Samantha Osterlof,  
MS, CRS, CFRS

### Afternoon Sessions Block Two

3:15 PM–5:15 PM

#### An Integrated Model of Clinical Supervision

Kate Appleman, MA, LPC, CSAT,  
CMAT, CCS, CAADC

#### Transforming Counseling Skills from Good to Great

Ken Martz, PsyD, MBA

#### Meeting Individuals Where They Are and the Ethics Behind It

Patricia Nye LCSW, MBA, CPS,  
CAADC, CPRP & Matthew Deery,  
BA, CPS

#### Bad Things Aren't Supposed to Happen to Therapists (but they do)

Lori Simons, PhD, CAADC, CCDPD

### Dinner

On Your Own

# TUESDAY

**Tuesday**  
April 25th

**Tuesday April 25th,  
Morning Sessions**  
9:00 AM–12:15 PM

**Continental Breakfast**  
7:00 AM–9:00 AM  
Networking and Exhibits  
Harrisburg Ballroom

**Break & Exhibits**  
10:30 AM–10:45 AM  
Harrisburg Ballroom

**You're Thinking About Doing  
What?? Ethics, Peer Support,  
and Making Ethical Decisions**

*Donald Altemus, MS, CPS, CRS,  
CRSS, CAADC*

**Lessons from the Dark Side:  
The Elements of  
Organizational Ethics**

*Thomas M. Baier, MHS, LPC,  
CADC, CCS*

**When Science and Evidence-  
based Practice Lead to Harm  
and not Harm Reduction**

*Martha Thompson, PsyD, CAADC*

**Current Conversations  
in Professionalism**

*Eric J. Webber, MA, CADC, CCS,  
CSAT, CCPG*



# THANK

## A Special Thanks to Our Exhibitors

Exhibits Open Monday 7:00 AM–4:45 PM | Tuesday 7:00 AM–11:00 AM

### **Abstinent Living at the Turning Point at Washington Inc.**

We are a halfway house for women and women with children recovering from drug and/or alcohol addiction.

### **Acadia Healthcare Comprehensive Treatment Centers**

Outpatient medically assisted treatment center of excellence offering methadone, buprenorphine and vivitrol services throughout Pennsylvania. Our three locations within the central Pennsylvania region include Harrisburg, Mechanicsburg, and Lebanon.

### **Alkermes**

Alkermes is a global biopharmaceutical company developing innovative medicines in the fields of neuroscience and oncology. The company has a portfolio of proprietary commercial products focused on alcohol dependence, opioid dependence, schizophrenia and bipolar I disorder, and a pipeline of product candidates in development for neurodegenerative disorders and cancer. [www.alkermes.com](http://www.alkermes.com).

### **Arkview Recovery Center**

Arkview Recovery Center is a dual diagnosis treatment facility in Mechanicsburg, Pennsylvania. With a full continuum of care from detox to residential to outpatient and accepting most major insurances and self-pay. Arkview is likely an appropriate option for anyone seeking treatment and long-term recovery. For more information or to see if Arkview can be an appropriate option, please call admissions at 717longtermtoday.

### **ARS of Lancaster**

ARS (Addiction Recovery Systems) is known for MAT services. We offer methadone, suboxone, and vivitrol MAT services. We have recently expanded our scope of practice to include IOP (intensive outpatient services). These services are available at all of our locations for persons that are receiving and that are not receiving medication services. We have three locations in Pennsylvania.

### **The Academy Schools**

The Academy Schools is an award-winning network of schools for at-risk youth, offering both community-based and residential programs. We offer educational and rehabilitative treatment services on campuses in Western Pennsylvania.

### **Banyan Treatment Center**

Banyan Treatment Center is a national treatment provider for those suffering with substance use disorder, eating disorders, and mental illness.

### **Behavioral Health Education Services**

Behavioral Health Education Services, LLC is a training and consulting organization serving Pennsylvania. We are a proud Pennsylvania Certification Board (PCB) approved education Provider and approved CRS training provider for the Pennsylvania Department of Drug and Alcohol Programs (DDAP). We offer a variety of trainings related to Behavioral Health, Addiction, and Recovery. We also offer recovery support services supervision and consultation to individuals and organizations.

# YOU

## **Blueprints for Addiction Recovery**

Blueprints for Addiction Recovery is a nationally accredited behavioral health organization serving individuals, families, and communities across Pennsylvania. Each of our programs – from extended care and acute partial hospitalization (PHP) to intensive outpatient and traditional psychotherapy – are co-occurring enhanced, and administered by a multidisciplinary team of psychiatric, medical, clinical, peer and support professionals.

Our integrated model combines the best in evidence-based substance use and mental health treatment with the tested principles of long-term, community-based recovery. Clients in The Chapters Program progress through two distinct phases of care over one-to-three months, receiving daily psychoeducation, skills-training, psychotherapy, medication management and psychiatric support in a trauma-informed counseling center. Outside of the acute treatment schedule, clients embrace community recovery and receive life-skills training, peer support services, and vocational, educational, and environmental support in our licensed recovery residences.

We also offer a full range of traditional outpatient and continuing care services for individuals with substance use disorders and co-occurring mental illness and operate a number of collaborative community health initiatives and specialty diversion programs with an emphasis on the intersection of behavioral health and the criminal justice system.

## **Boldsteps Behavioral Health**

Bold Steps Behavioral Health provides expert guidance and care in a compassionate, supportive environment. From weekly family sessions to personalized therapy programs, we will design a unique and effective path to recovery. Start your journey with purpose-driven, community centered substance use disorder and behavioral health services for adults.

## **BriteLife Recovery**

BriteLife Recovery is a national drug and alcohol addiction treatment program with facilities in South Carolina and Pennsylvania. All our treatment

campuses are immaculate, boutique centers of hope and healing. The exhaustive list of amenities, as well as a skilled and compassionate addiction staff, creates an atmosphere that is advantageous to addiction rehabilitation. Clients receive individualized therapy plans that are centered on client choice and personal needs. BriteLife is committed to treating the whole person and offers holistic wellness programs that integrate well with traditional behavioral therapies. We also adhere to gender-specific programming and provide treatment for co-occurring disorders.

## **Caron Treatment Centers**

Caron Treatment Centers is an internationally recognized not-for-profit dedicated to addiction and behavioral healthcare treatment, research, prevention, and addiction medicine education. Headquartered in Wernersville, Pennsylvania, our mission is Recovery for Life. For more than 70 years, we have helped thousands of individuals struggling with substance use disorder and their families begin to manage this chronic, treatable disease. Caron provides a continuum of care for young adults, women, men, and older adults. Caron's signature programming provides treatment for executives and older adults. In addition to the Pennsylvania campus, Caron provides services in Palm Beach County, Florida, Philadelphia, Washington, D.C., Atlanta and New York City. Caron accepts several major insurance plans and provides financial assistance for those who qualify.

## **Civiq Health**

We are a full continuum of care model stretching across multiple sites to offer inpatient Detox and Residential services as well as Extended Care Outpatient with boarding. We are Nationally accredited through the Joint Commission, state licensed, our program schedules are solely focused on client success through evidence-based practices. Our clinical team creates treatment plans to each individual's needs. Also accredited by the Human Rights Campaign, as measured by the Health and Equality Index for healthcare services provided to the LGBTQ community. Contact [silverpinestreatmentcenter.com](http://silverpinestreatmentcenter.com) & [stepstorecovery.com](http://stepstorecovery.com) for more information.

### **CleanSlate Centers**

CleanSlate Pennsylvania is a Center of Excellence. Our approach is evidence based. Our opioid use disorder treatment programs include the use of buprenorphine (such as Suboxone or Sublocade) or naltrexone (Vivitrol) as part of an individualized treatment plan led by our trained medical staff. We treat alcohol use disorder with a proven combination of medication-assisted treatment (MAT) using naltrexone (Vivitrol) or other FDA-approved medications, and behavioral healthcare. Vivitrol is a monthly injectable Alcohol Use Disorder treatment medication. Our patients are treated with dignity, compassion and respect. We accept Medicare, Medicaid and most insurance. In designated centers we also treat our patients for Hepatitis C Virus.

### **Colonial House, Inc.**

3.5 inpatient residential substance abuse facility for males, outpatient facility (IOP, OP) in York, PA.

### **DreamLife Recovery**

DreamLife Recovery is a dual diagnosis detox & residential facility that focuses on trauma informed care for primary substance use disorder patients.

### **Drexel University**

Drexel University's online Addiction Counseling program is designed to teach you to apply evidence-based practices to meet the needs of a growing population of people experiencing drug and alcohol use disorders. Learn more! [Online.Drexel.Edu/ABH](https://Online.Drexel.Edu/ABH)

### **Easy Does It, Inc.**

EDI is committed to providing supportive housing programs with a living environment characterized by mutual respect, daily structure, and personal accountability to help residents begin or continue their journey of recovery. Every resident works with a certified recovery support specialist (CRS, RSS). EDI provides Life Skills Groups, Recovery Oriented Events, Recovery Awareness and Advocacy, and Training and Educational Programming for the Community. For more information please visit our website at [www.ediinc.org](http://www.ediinc.org).

### **Empower the Mind**

Empower the Mind LLC is an outpatient behavioral health company providing best practice counseling services, prevention, and continuing education.

### **Ethos Treatment, LLC**

#### **Firetree, Ltd.**

Firetree, Ltd. provides inpatient SUD treatment services to individuals across the Commonwealth. Our motto, "Together Building a New Way of Life", is exemplified by our progressive programs and our dedicated professional staff. We work as a team with our clients to help them change their thinking and behavior in order to maintain their sobriety.

### **Forge Health**

Established in 2016, Forge Health is an outpatient, Veteran owned behavioral health program specializing in Veterans and First Responders in six states throughout the east coast. In Pennsylvania, our programs are located in Greensburg, Langhorne (Spring 2023) and provide Telehealth. We are in network with most major insurance, VA-CCN and Tri-Care. For more information: [forgehealth.com](http://forgehealth.com) | Admissions: 888.224.7312

### **The GateHouse**

The GateHouse is a nonprofit organization that strives to strengthen the entire community by providing comprehensive and community-based post-rehabilitative services for individuals and families struggling with Substance Use Disorder. We offer a comprehensive set of services for substance use disorder treatment.

While on the road to recovery, clients of The GateHouse engage in a multitude of services, such as residential treatment, outpatient treatment, recovery residences, and case management. While enrolled in these programs, men and women have access to vital services such as professional therapy, education, community integration, life skills, job preparedness, holistic wellness and family integration.



### **Gaudenzia, Inc.**

Gaudenzia has the distinction of being one of the largest non-profit treatment providers for substance use and co-occurring disorders in the Mid-Atlantic region. With 117 programs across 51 facilities, Gaudenzia serves over 14,000 clients annually. In alignment with the American Society of Addiction Medicine (ASAM), we provide a full continuum of evidence-based treatment services, including withdrawal management, high- and low-intensity residential services, partial hospitalization, intensive outpatient, and outpatient treatment services. We also provide specialized programming to meet the needs of pregnant and parenting women, adolescents, and individuals involved in the criminal justice system.

### **Innovo Detox**

Innovo Detox is a private, standalone detox facility in Pennsylvania. We treat individuals suffering from addiction, substance use disorder and co-occurring disorders using the latest evidence-based, individualized medical and therapeutic approaches. We specialize in Alcohol Detox & Drug Detox.

### **Malvern Health**

Focused Recovery. Compassionate Care.

Malvern Health, Inc. is one of the region's leaders of comprehensive behavioral health treatment. Our facilities and programs are dedicated to providing evidence-based, person-centered and cutting-edge treatment in a wide range of inpatient and ambulatory settings. The patient and family experience is our top priority.

### **MARS**

MARS-ATP provides client-centered, community-based quality treatment services to those who have substance use concerns and families impacted by substance use. MARS works to provide these services through assessment, Intensive Outpatient, Outpatient, Recovery Support, Case Management, and at locations within the community. We adjust our approach to meet the needs present in each individual and community we serve by being part of the community and advocating for the effective, efficient, and ethical treatment of each individual/

community who is in need of our services. We help individuals achieve recovery by creating hope and developing the skills necessary to move each individual through their unique process of change.

### **Messiah University**

Messiah University-Online Master of Arts in counseling

Are you looking to advance your career as a clinical mental health counselor, couple and family counselor, or school counselor? With a program and faculty reflecting Messiah's reputation for academic excellence, Messiah University's CACREP-accredited M.A. in counseling prepares you to work in a variety of professional settings. Messiah's counseling master's degree and certificate options allow you to achieve work-life balance without sacrificing the advantage of small class sizes and personalized attention from our faculty. The majority of courses are online, with weeklong intensive courses at our Mechanicsburg, Pennsylvania, campus, so you are free to pursue your career and your degree simultaneously. For a full listing of degrees and graduate certificates, visit [messiah.edu/counseling](http://messiah.edu/counseling).

### **Montco Recovery Center**

Montco Recovery Center offers individualized, trauma-informed outpatient treatment services for adults with substance abuse and co-occurring mental health issues via Partial Hospitalization, Intensive Outpatient, and General Outpatient Programming.

### **Mountain Laurel Recovery Center**

### **Pennsylvania Behavioral Health Center**

Pennsylvania Behavioral Health Center is a licensed Mental Health primary partial hospitalization & intensive outpatient program in Phoenixville, PA. We offer full Psychiatric Evaluations and medication management.

## **Pennsylvania Mental Health Consumers' Association**

PMHCA is a state-wide member organization dedicated to the support of all people who seek aid for recovery from a mental illness at any stage in their journey. We provide resources, referrals, and support to those receiving services or in recovery from a mental illness. PMHCA also provides peer-delivered training to individuals, providers, and communities in such areas as Forensics, Trauma, Mental Health Advance Directives, Peer Support, LGBTQI+ Issues, and other training.

### *Our Mission*

We advocate on issues directly related to mental health services in Pennsylvania while educating the public with the goal of eliminating the stigma and discrimination surrounding mental illness. We listen to your concerns and bring your voices to all places where decisions regarding services and supports are made.

## **Pennsylvania Peer Support Coalition**

The Pennsylvania Peer Support Coalition is a statewide network of people who use their own experiences with mental health and/or substance use to support others. All Coalition members are people who use peer support skills to inspire hope that recovery is possible. We believe that everyone who offers peer services to others deserves support too. The Coalition offers this support. We provide trainings and education about peer support and recovery, and we help create peer support networking groups. We also advocate for the needs of people who provide peer services.

### *Our Mission*

The Pennsylvania Peer Support Coalition supports the people and organizations doing the work of peer support by facilitating networking opportunities and education on recovery. We ensure that people who provide peer support have a voice in the development of relevant statewide policies. We serve as a central source for information on peer support in Pennsylvania.

## **Pennsylvania Psychiatric Institute**

Pennsylvania Psychiatric Institute (PPI), a collaboration of Penn State Health and UPMC Pinnacle, is central Pennsylvania's leader in helping people with psychiatric and substance use disorders achieve and maintain stability in their daily lives. Created in 2008 through a partnership of two leading healthcare systems, PPI has a comprehensive team of specialists who provide sensitive, compassionate care for children, adolescents, adults, and mature adults through personalized treatment plans that meet unique patient needs.

Located in Harrisburg, PA. PPI has a modern 89-bed, inpatient facility at its Polyclinic campus at 2501 North Third Street and two convenient locations offering outpatient services, the Division Street Clinic, and the Third Street Clinic.

## **Promises Behavioral Health**

Promises Behavioral Health is comprised of seven freestanding residential facilities. Our local location, The Ranch In Pennsylvania, is located in Wrightsville. This facility offers co-occurring and Mental Health care in a residential setting. Patients are granted time to heal on our 150-acre campus. Programming is skills based and utilizes DBT, The Trauma Recovery Empowerment Model, Psychodrama and many other modalities. Patients holistically engage their senses using Sound Healing, Meditation and Yoga. During nice weather we utilize our low and high ropes courses and our archery fields. Come visit Melissa and Casey in the Exhibitor Hall!

## **Pyramid Healthcare**

Pyramid Healthcare is dedicated to offering the highest quality of care to those we serve. Client focused care establishes our family of brands as respective leaders in substance use treatment, mental health recovery, and eating disorder treatment modalities.

## **Recovery Cove**

Outpatient Drug and Alcohol Program in Easton, PA.

## **Retreat Behavioral Health**

Full continuum of care for SUD and MH located in Lancaster County and other areas.

### **Rosewood Recovery**

Rosewood Recovery is a dual diagnosis SUD/MH provider of outpatient care at the PHP, IOP and OP levels from our flagship location in Newtown, PA and a second location coming soon.

### **Sobriety Solutions**

Sobriety Solutions offers an integrated approach using a variety of therapeutic modalities. We use a team approach between the individual, their family, and our clinical team. Our team works collaboratively with the individual to develop an individualized treatment plan which assist the individual in reaching their identified goals and objectives.

Sobriety Solutions provides a combination of therapies; individual, family, and group to meet an individual's specific needs. As a family owned and operated business, we understand Substance Use Disorder may be a family disease, but recovery is a family process.

### **St. Joseph Institute**

Detox and residential substance abuse treatment facility for adults.

### **Supreme Wellness Recovery LLC**

The mission for Supreme Wellness is simple: Empowering those who suffer from addiction through high quality treatment nurturing the mind, body, and spirit. We believe that in order to achieve our mission, we need to adhere to a philosophy and practice of health and wellness for our staff and clients. The healthier the organization is, the greater the quality of service we can provide. We take pride in our growing business and dedicated staff. Supreme Wellness is a diverse team of professionals committed to achieving positive client outcomes by delivering appropriate quality care in an ethical and compassionate manner. We look to treat the whole person by providing not only clinical treatment, but also life and job skills to invest in their own future. Our goal is to enable our clients to prevent relapse and to discover meaningful purpose in life. Currently we are providing Partial Hospitalization and Intensive Outpatient levels of care.

### **Treatment Trends, Inc.**

Treatment Trends, Inc. (TTI) is an addiction treatment center that provides support to individuals suffering from substance use disorder. We offer a continuum of care with inpatient, outpatient, and recovery support services, while encouraging multiple pathways to recovery.

### **UPMC SMART Choices**

SMART Choices is a free support program in southwest Pennsylvania for parents or caregivers of adolescents with substance use concerns. Parents work with a family support partner to gain tools for improving their knowledge of substance use, self-care, communication, positive reinforcement, and natural consequences. Parents can call 1-844-972-8477, Monday through Friday from 9 a.m. to 5 p.m., to request SMART Choices support for themselves.

### **UPMC Western Psychiatric Hospital**

UPMC Certified Peer Support is a program through Western Psychiatric Hospital where people who use their personal experiences with mental illness and/or addiction recovery to support others who are currently in an inpatient or outpatient recovery program. Peers know the value of recovery and serve as role models for those currently struggling.

Peer Specialists encourage responsibility and provide people with a sense of belonging, supportive relationships, and hope for the future. They help get people involved in their own recovery process and show them how they can be valued, and meaningfully participate, in the community.

### **Villanova University**

Villanova's College of Professional Studies offers programs tailored to working adults including Bachelor's, Associate's and Professional Education.

## **Water Gap Wellness**

Water Gap Wellness offers a truly unique experience. Our accredited and diversified mental health and substance use program uses an evidence-based treatment approach that works on getting to the root of the problem. Clients who attend our program also benefit from a comprehensive, structured level of step-down support. Treating the whole person is so important, and we work with the client to develop a treatment plan that meets their needs. Clients can attend various group topics, from DBT Survival Guide to Recovery Library, to learning how to live with your diagnosis and what life is like after treatment. Our professional and caring staff is dedicated to earning the trust of its clients, inspiring hope within them, and empowering them to reclaim their lives.

## **White Deer Run Treatment Network**

The White Deer Run Treatment Network is dedicated to ensuring that each person is treated as an individual, receives a treatment plan tailored to his or her specific needs, and is provided with the skills and support that are necessary for him or her to successfully live a full and rewarding lifestyle, free from chemical dependency.

To accomplish these goals, the professionals who provide care at our centers are committed to the following principles:

**Comprehensive Care** – The White Deer Run Treatment Network offers a full continuum of care, from medically supervised detox through residential rehabilitation, outpatient care, halfway house support, and aftercare planning.

**Personalized Treatment** – Every person who receives care at one of the programs within the White Deer Run Treatment Network can expect to receive personalized care that addresses his or her specific strengths and needs, and that is provided in a supportive atmosphere of dignity and respect.

Individuals who heal at one of the programs within the White Deer Run Treatment Network will benefit from working in active collaboration with multidisciplinary teams of dedicated and experienced professionals whose sole purpose is providing them with the highest quality of care.

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[GAUDENZIA.ORG](http://GAUDENZIA.ORG)

Gaudenzia uses an evidence-based, person-centered treatment model to help individuals and families break the cycle of substance use and co-occurring disorders.

## OUR SERVICES

- ✓ Crisis Stabilization
- ✓ Withdrawal Management/ Detox
- ✓ Medically Monitored Residential
- ✓ High-Intensity Residential
- ✓ Low-Intensity Residential
- ✓ Medication-Assisted Treatment
- ✓ Partial Hospitalization
- ✓ Intensive Outpatient & Outpatient
- ✓ Assessments
- ✓ Early Intervention/ Prevention
- ✓ Treatment for Pregnant & Parenting Women

## WE'RE HIRING!

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## NEED HELP?

Contact our 24-hour Treatment and Referral Helpline  
**833.976.HELP(4357) OR**  
**[HELPLINE@GAUDENZIA.ORG](mailto:HELPLINE@GAUDENZIA.ORG)**



# ETIQUETTE

## Conference Etiquette

It is difficult to maintain room temperatures that are comfortable for all participants and conference attendees should be aware that room temperatures will vary throughout the hotel. A light sweater or jacket is helpful when room temperatures become too cool.

Food and beverages for the conference have been chosen in such a way as to satisfy typical eating patterns and habits while staying away from food and drinks that tend to be less appealing to larger groups of people. Please understand that it is difficult to serve foods to the liking of all. We hope you enjoy the choices selected.

**Participants are asked to turn off cell phones and other electronic devices when attending presentations or to change them to a silent signal. Please step outside of the training room when responding to required communications.**

All workshops, meetings, meal functions, and exhibit areas are smoke free. Please check with the hotel for designated smoking areas.

## Continuing Education

PCB approves 10.5 total CE hours for attendance at the entire conference.



**Beth Bitler**  
Certified Family Recovery Specialist  
Certified Allied Addictions Practitioner

**Training and Consulting**  
Family Recovery  
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717-982-9676  
[bbitler@outlook.com](mailto:bbitler@outlook.com)

# RECOVERY

*starts with* **ONE**

# **BOLD STEP**



Start your recovery journey with purpose-driven, community-centered substance use disorder and behavioral health services.

**Partial Hospitalization Program (PHP)**

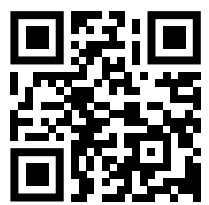
The Bold Steps Behavioral Health Partial Hospitalization Program provides the care of an in-patient program in a sober-care facility or home setting - perfect for those ready to move on to a more flexible next stage of treatment.

**Intensive Outpatient Program (IOP)**

The Bold Steps Behavioral Health Intensive Outpatient Program provides the clinical expertise and community support needed to navigate the triggers of daily life and achieve results, in an environment that does not require round-the-clock observation.

**Outpatient Program (OP)**

The Bold Steps Behavioral Health Outpatient Treatment Program provides the clinical expertise and community support needed to navigate the triggers of daily life and achieve results.



717.790.6670  
[info@boldstepsbh.com](mailto:info@boldstepsbh.com)

4755 Linglestown Road  
Suite 402  
Harrisburg, PA 17112





*Substance use disorder treatment your clients and their families **DESERVE**.*

BriteLife Recovery provides innovative, high-quality, evidence-based SUD treatment in a serene, picturesque environment. Our mission is to create the strongest foundation possible, built on empathy, safety and trust, for our clients and their families to begin the healing process on their road to lasting recovery.

## Hilton Head Island, SC



## Hanover, PA



General Admissions: **855-477-0143**

Learn more at **[britelife.com](https://britelife.com)**







# FORGE

## HEALTH

Outpatient treatment for people struggling with mental health, substance use, and associated trauma. Specialized treatment for veterans and first responders available.

Locations in Greensburg and Langhorne. Telehealth statewide. In-network for major commercial insurance plans and Medicare.

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Or call us at (888) 224-7312