2023 ANNUAL CONFERENCE

April 24–25 | Hilton Harrisburg



Monday April 24th

7 AM-8:30 AM Continental Breakfast Networking and Exhibits

8:30 AM - 10 AM

Ethics Panel Discussion: PCB Ethics Committee (Basic/Intermediate: Ethics)

Panelists: Marcelle Giovannetti, Tom Baier, Katrin Fieser, Don Altemus, Theresa Murphy, Sandra Grottola **Panel Moderator:** Margaret Eckles-Ray

The PCB Ethics Committee will host a panel discussion in which participants will learn how to file and respond to an ethics complaint. Participants will have the opportunity to ask questions about ethical dilemmas and participate in an interactive activity to test their current knowledge. Case study examples will be utilized to help participants work through ethical decision-making scenarios.

- Participants will develop an understanding of ethical considerations in the field
- Participants will be able to identify how and when to file an ethics complaint
- Participants will utilize case study examples to practice ethical decision-making

Morning Sessions

10:15 AM - 12:15 PM

Are you Right-Sized? Let's Break it Down (Intermediate: Clinical, Best Practices, Professionalism) Margaret Eckles-Ray, CADC, CRS

Working in the substance use disorder field is both challenging and rewarding. Many of us entered the field understanding the need through personal experience of the devastation of addiction. This knowledge and experience fueled the desire to help others who are suffering from addiction to make the changes in their lives that can result in radical improvements and the release from a cycle of harm to themselves and their families among others. Helping one person break free from the cycle of addiction is truly a noble goal, but it requires skill, care, experience, and a humble willingness to evaluate our own motivations and behavior to ensure we remain committed to the primary goal- saving lives.

Training Objectives:

- Discuss the reasons we work in this field and assess our motivations now and how/why motivations may have changed
- Assess the conditions and definitions: Does the field continue to be committed to SUD as a progressive disease leading to jails, institutions or death or has this definition changed? If there are changes fundamentally to

definitions and practices, how are these improvements to the care and outcomes of individuals? How do changing conditions alter commitment and practice and professional levels of satisfaction?

 Assess professional behavior: Ethical practices, boundaries, maintaining curiosity, respect, and hope for our clients in practice.



Digital Dilemmas: Ethical Considerations of Telehealth in Treating Substance Use Disorder (Intermediate: MH/SUD, Ethics/Professionalism) Marcelle Giovannetti, Ed.D., CADC, ACS, NCC, LPC

Use of telehealth has become increasingly widespread out of necessity, during the pandemic. This training will focus on ethical considerations of using telehealth while attending to the nuances that particularly impact the treatment of substance use disorders. Participants will develop an understanding of ethical considerations as well as key factors in treatment delivery and compliance. Participants will learn how to create a check list of ethical considerations that can be applied and implemented in providing service to promote healing, and support recovery in an online environment.

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Through Fear to Recovery

(Advanced: Clinical SUD/Research to Practice, Best Practice) Ken Martz, PsyD, MBA

Fear is a primary emotion contributing to addiction and substance use disorder recovery. Fear can often be mischaracterized as resistance, leading to poorer outcomes. This session will review research on fear, its role in the establishment of recovery, and steps to create change in the cognitive, emotional, and behavioral growth of those seeking recovery. Specific emphasis will examine fear as a motivator and barrier to growth and change

towards long term success. Presentation will link fear through a range of emotions and motivations, for example, fear of being "found out", fear of helplessness, fear of hopelessness, and fear of isolation. In contrast recovery markers include the courage of trust, conviction, hope, and a range of interpersonal connections. Session will balance didactic review of research base and experiential techniques to facilitate learning objectives.



- Participants will be able to identify the brain and research basis of fear in the etiology of SUD
- Participants will be able to describe the role of fear in the maintenance of an addiction process, and the establishment of recovery.
- Participants will be able to discuss specific steps, tools and techniques to manage fear effectively.





Working with Trauma Exposure in First Responders: Recommendations and Considerations of Treatment Design (Intermediate: Clinical: Best Practices, SUD/MH)

John Houton, PhD, CAADC

First Responders experience a variety of severe traumatic experiences throughout their careers. Responses to trauma often include excessive use of alcohol, illegal drug use and suicide. PTSD in this population range from 8-32% compared to the general population rate 7-8%, and first responders are more likely to die from suicide than in the line of duty. This training session will provide data and examine lived experience of first responders and provide recommendations for developing an effective treatment approach.

Goals:

- Increase awareness of participants about trauma experienced by first responders
- Share treatment design considerations and recommendations with participants

- Provide information on studies and research to help participants have a better understanding of effective treatment methods
- Examine data regarding trauma prevalence in first responders and responses to that trauma
- Identify differences between treating trauma in first responders as opposed to the general population
- Provide suggestions to participants about effective strategies when treating first responders

Break and Exhibits

10:15 AM - 10:30 AM

Luncheon 12:15 PM - 1:00 PM

Afternoon Sessions

BREAKOUT BLOCK 1: 1:00 PM – 3:00 PM BREAKOUT BLOCK 2: 3:15 PM – 5:15 PM

Break and Exhibits 3:00 PM - 3:15 PM

BREAKOUT BLOCK 1: 1:00 PM - 3:00 PM

In Consideration of Aspirational Ethics—The Lynch Pin of What Influences our How, What, Why, and When as Professionals Providing Care (Intermediate/Ethics, Clinical SUD/MH) Jeb Bird, MS, CAADC

Legal and operational issues in ethics are usually those which are given most attention due to the content which can be known and challenged or judged. Aspirational ethics are at the very core of each clinician's reasons for doing the work they do, how they approach it, and how they prepare for and take care of themselves doing it. This workshop focuses on personal traits, attributes, desires, beliefs, and actions that can contribute to a psychological and emotional clinch for clinicians, when unaware of their humanness, biases, prejudices, and frailties. Clinical work with those who have addiction and mental health disorders is challenging in ways that change daily. The variability is as diverse as the variety of factors that contribute to making humans who they are and what they think, do, and want. There is no formula, procedure, or event type that creates desired outcomes for even one person completely. This training is intended as a dialogical process with a short didactic presentation followed by small group work with vignettes related to preparation, fitness, openness to what is new, and professional humility.

- Participants will actively explore how their personal traits, attributes, desires, beliefs, and actions influence patient outcomes.
- Participants will examine their ethos for seeking patient autonomy in clinical practice.
- Participants will validate their complex humanity as a person engaged in treating others.



The Convergence of Gambling and Gaming (Basic/Intermediate: Gambling/Gaming, SUD/MH) Gregory Krausz, MA, CAADC, LPC & Josh Ercole, BA

In the challenging times we currently face, two activities that have offered entertainment, excitement, and in many cases, escape, are gambling and video gaming. While most will enjoy these activities without developing issues, there are some who will. Having services in place, and knowing how to access these resources, is vital. During this training participants will learn about the problems that may be associated with each, how the problems may develop and overlap, and what help is available for someone who is suffering from gambling disorder and gaming addiction.

- Discuss factors associated with the development of problematic gambling and gaming
- Identify the potential risks and overlap between gambling and gaming
- Recognize the impact the pandemic has had on gambling and gaming
- Develop awareness of available local resources



Professionalism in the Workplace

(Basic/Intermediate: Clinical/Peer- Professionalism, SUD/MH) Brad Schweitzer, MS, CADC, CIP, CRS, CRSS

Professionalism is more than just showing up and doing your job. It involves the behaviors and attitudes a professional demonstrates that define their capacity to be competent, ethical, and courteous in all interactions in the workplace. This training focuses on both peer and clinical roles and will explore a variety of topics such as work ethic, effective communication, maintaining boundaries, managing emotions, and resolving conflicts in the workplace. Concrete examples will be given to highlight ways to improve your own professionalism.

- To define professionalism and explore how it relates to behavior and communication.
- To examine how Professionalism relates to maintaining boundaries, managing emotions, and dealing with conflicts in the workplace.
- To provide helpful tips to helping professionals on how to help further promote professionalism in the workplace.



Ethics & Client Placement: Do you know where your patient went? (Intermediate: SUD/MH, Professionalism/ Ethics/Business Practice) Brad Schweitzer, MS, CADC, CIP, CRS, CRSS

This presentation provides the history of ethics in marketing within the behavioral healthcare space, including challenges, successes, examples, and current trends. Those participating will be challenged within their behavioral healthcare space to be preventative and aware of unethical behaviors, despite their position, credentials, or licensure. Using role play and group discussion, individuals will be able to personally identify how the use of unethical marketing tactics puts those we serve in danger, going against the most valued cornerstone of ethics: cause no harm.

- Ability to identify appropriate and ethically sound marketing basics, to differentiate between what is "right" and "wrong."
- Awareness of potential implications for someone working within the behavioral healthcare space, if association exist with unethical behavior.
- Next steps for prevention, awareness, and reporting; being part of the solution and not the problem.
- Conceptualize the connection between ethical practices for client placement and implications for certified individual.
- Be able to have a deep, profound understanding of detrimental clinical implications for both clinicians and clients when utilizing unethically marketed services.



BREAKOUT BLOCK 2: 3:15 PM- 5:15 PM

An Integrated Model of Clinical Supervision (Intermediate/Advanced: SUD/MH, Supervision. Ethics, Professionalism/RTP) Kate Appleman, MA, LPC, CSAT, CMAT, CCS, CAADC

As our industry grows and there is a calling for integrity in the blending of best clinical practice and a business acumen, this workshop was designed for treatment providers, supervisors and managers to process the role of clinical supervision as a means to ensure integrity and best practice in an everevolving field. The workshop reviews the definition of clinical supervision specific to the behavioral health and addiction field and identifies the methods and content of true clinical supervision. We will discuss a system for clinical supervision for inpatient behavioral health and addiction treatment that supports clinical development, while also driving quality and outcomes. We will discuss the role of mindful leadership in clinical supervision and how taking care of the clinical integrity of our programs makes great business sense.

- Provide a definition of clinical supervision
- Identify the methods and content of clinical supervision
- Discuss a system for clinical supervision that supports clinical development AND drives quality and outcomes
- Discuss the role of mindfulness in leadership and clinical supervision



Transforming Counseling Skills from Good to Great

(Advanced: Clinical: Professionalism, Research to Practice, SUD/MH) Ken Martz, PsyD, MBA

Counselors are often trained in theory and practice through school and continuing education. However, there can often be anxiety about what to say, after we say "hello". This session will examine the counselor's role as the instrument of change, engagement, and transformation through the therapy process. By practicing these skills, we can improve our confidence, client engagement, and successful outcomes. Implications will be drawn for effective supervision to facilitate counselor growth. Session will balance didactic review of research base and experiential techniques to facilitate learning.

- Participants will be able to identify the role of counselor presence in the therapy relationship.
- Participants will be able to describe the role of assessment and change in the treatment process.
- Participants will be able to discuss steps of change and intervention selection through the termination stage and beyond





Meeting Individuals Where They Are and the Ethics Behind It (Basic: SUD/MH: Ethics, Best Practice)

Patricia Nye, LCSW, MBA, CPS, CAADC, CPRP & Matthew Deery, BA, CPS

In order to truly meet our clients, residents, participants and/or patients where they are in their recovery process, we as behavioral health professionals, must adhere to four primary practices. First, it is imperative to connect with our clients on a human level, that means working with them as a whole person and not as a diagnosis. Second, we can utilize a stages of change approach within any role and incorporate specific interventions for that stage of change. Third, starting at our first session, explore ways to support our

clients in connecting to their communities for purpose and meaning. Finally, when we believe we are truly meeting the client where they are and our interventions are fostering change ever so slowly, we must learn to resist pushing the goals and outcomes of others. These four practices are within the control of each counselor, community health worker, and peer/recovery specialist. When we use the interventions and practices within our control to fully support the individual we work with, we are engaging in ethical practices.

- Recognize the importance of working with a client as a whole person
- Explore the importance of community integration starting at the first session
- Effectively utilizing stages of change in our practice.
- Building our confidence to avoid the pressure of pushing the agenda of others in the recovery process.



Bad Things Aren't Supposed to Happen to Therapists (but they do)

(Intermediate: Clinical, Self-Care, Resilience) Jill Perry, MS, NCC, LPC, CAADC, SAP

As therapists, we have the unique honor of being allowed into our patients' lives. We get to join with them as they grow and heal. We have a special ability to hold space with them while they share and explore intimate details of their lives--some beautiful, some tragic. Because of our role, the world often doesn't see the difficulties therapists experience in their professional and personal lives. Vicarious trauma, isolation, paperwork...just to name a few. Because of our caring nature, difficulties in our professional lives also lead to increased shame. Therapists need to be proactive and prepare for the unfortunate and inevitable patient scenarios: overdosing, going to prison, completing suicide. Therapists also need to prepare for the unfortunate and inevitable scenarios in our own lives: illnesses, family and relationship issues, deaths of loved ones. Skills to help us prepare for the bad while remaining optimistic can lead to more positive impact on our clinical work and our personal satisfaction. Join us as we explore what happens when bad things happen to therapists, the impact it has on our work, and how we can do better.

Training Objectives:

- Participants will learn five common tragedies that clients deal with that impact therapists
- Participants will learn six tasks to process tragedy
- Participants will develop at least three resiliency skills to deal with vicarious trauma
- Participants will identify at least two ways clinical work can be negatively impacted by common tragedies and/or losses
- Participants will identify at least two ways clinical work can be positively impacted by common tragedies and/or losses

Dinner on your own

FUESDAY

Tuesday April 25th

7 AM – 9 AM Continental Breakfast Networking and Exhibits

Break/Networking/Exhibits 10:30 AM – 10:50 AM

Morning Sessions 9 AM – 12:15 PM

You're Thinking About Doing What? Ethics, Peer Support, and Making Ethical Decisions (Intermediate: Ethics- Peer Focused)

Donald Altemus, MS, CPS, CRS, CRSS, CAADC

Peer support professionals fill a unique role in the treatment system. Our boundaries for things like self-disclosure are very different than those of other providers. Additionally, we are teaching the individuals we support how to navigate the system of services and supports outside of the formal service system; and we are also utilizing many of these services and supports for our own recovery. Peer support involves a considerable amount of gray area when it comes to making ethical decisions. During this workshop we will take a deep dive into ethics and making ethical decisions using scenarios that peer support professionals may encounter. We will break down the decision-making process and examine the tools that can be used to ensure the decisions we make follow our code of ethical conduct.

- Create an understanding of what peer professionals need to uphold to follow the peer ethical code
- Explore tools that can be utilized to strengthen ethical decision making
- Practice using the tools for ethical decision making and discuss strategies for ensuring our decisions are in line with the ethical code of conduct

Lessons from the Dark Side: The Elements of Organizational Ethics

(Intermediate/Advanced: MH/SUD: Ethics, Professionalism) Thomas M. Baier, MHS, LPC, CADC, CCS

Organizations that do not have an outlook for positive ethical practices as part of their cultures usually lead to their own demise by their questionable practices. The converse is generally true; organizations that have integrity and encourage ethical practices as part of their culture are viewed with respect by their employees, community, and corresponding industries. If you are in a position of institutional influence or have an interest in the principles of organizational ethics, join us for a workshop that provides an overview of the fundamental concepts associated with organizational ethics in behavioral healthcare. Come find out what it is that comprises the basic elements of any ethical organization as well as the kinds of leadership principles that create and support a culture that rejects questionable practices.

- Articulate the difference between individual or personal ethics and institutional ethics
- Describe the relationship of organizational competence to fraudulent business practices
- Cite the top reasons why unethical practices go unreported
- Verbalize the typical corporate responses to an ethical crisis
- Ask a series of targeted questions in the determination of whether an action is ethical or unethical.



When Science and Evidence-based Practice Lead to Harm and not Harm Reduction

(Intermediate/Advanced; Clinical, Research to Practice/Ethics/Best Practices) Martha Thompson, PsyD, CAADC

When is good care not really good care? How do we know when the "evidence" and data is actually good "evidence" and data? Connecting research results to translations into clinical practice is often informed by an evidence base that applied practitioners can be less comfortable assessing. Our work assumes that once a treatment approach or practice has been given the "green-light" through advances in academic research, there is little cause to challenge these practices until there is vast evidence of individual harms or ineffectiveness at the practice level. What do we do when a theory, concept

or clinical approach that was "debunked" in the past come back around with a new shiny title or slight twist, but it is still not a good thing in practice for our clients? In this training we will explore the disconnect between research and application. How scientific and evidence informed recommendations can lead to harms in practice. And discuss how even the best intended policies and recommendations can do harm. We will end by identifying three ways we can address the concerns above for the betterment of ourselves, our treatment, and our clients.

- Discuss the research to application and implementation process and ways to evaluate the evidence
- Explore ways this drives practice and policies
- Identify when science, practice and policies may not be good and what we can do to reduce harm

Current Conversations in Professionalism (Intermediate, Clinical, Best Practice, Professionalism/Ethics) Eric J. Webber, MA, CADC, CC<mark>S, CSAT, CCPG</mark>

This training will begin with a brief review of ethics and current ethical issues being addressed most frequently by PCB to give a backdrop on the importance of professionalism. It will then move into concepts of professionalism, including attitude, competence, appearance, responsibility, teamwork, communication, among others. It will focus on specific and concrete behaviors to engage in and not engage. It will finish on the importance of professional development and what to look for in quality trainings. Throughout the presentation there will group discussion, group polls, and interactive activities to keep all participants fully engaged.

- Participants with be able to identify the top three ethical violations from the past two years
- Participants will learn, identify, and be able to discuss the four foundational principles of healthcare ethics
- Participants will identify and discuss eight attributes of professionalism
- Participants will be able to discern and choose what makes a good training for professional development



RESERVATION INFORMATION

EXHIBITS OPEN

Monday 7:00 AM-4:30 PM Tuesday 7:00 AM-11 AM *Important Registration Information: Register early to reserve a seat in all your preferred workshops.

CONFERENCE LOCATION

Harrisburg Hilton 1 North 2nd Street, Harrisburg, PA, 17101 Phone: (717) 233-6000

HOTEL RESERVATIONS

A block of rooms has been reserved at the Harrisburg Hilton at a special conference rate of **\$146** for a standard room per night, several small suites are also available at a higher and also discounted rate.

Reservations should be made by contacting the Harrisburg Hilton at (717) 233-6000 please indicate group code: CERBD when calling to receive the conference rate or click here for online reservations.

Room reservations must be completed by **April 3**, **2023**, to receive these special rates.

Check-in time is 3:00pm Check-out time is 12 noon

The Hilton is located in the center of historic downtown Harrisburg PA., and on the banks of the Susquehanna River, home to riverfront park, where even on those chilly mornings a picturesque river front walk is a great way start to your day! And best of all it is open 24 hours and available to all comers. Because the Hilton is downtown, there are plenty of places and restaurants within walking distance for attendees to explore without having to get transportation. Just to name a few, we are three blocks from the state capitol complex, (a walk almost completely under cover from the Hilton), connected to The Whitaker Center for Science and the Arts featuring a 3 level science center, a Digital Select Theatre, and the Sunoco Theatre (a 650 seat Performing Arts Center)), not to mention Strawberry Square, a retail complex with specialty shops and restaurants.

Our restaurants are upscale and contemporary. 1700degrees Steakhouse

features Midwestern prime, certified Angus and dry aged beef as well as a great selection of sustainable seafood. For something more "spontaneous" try Ad Lib Craft Kitchen & Bar

Ad LID Graft Kitchen & Bar

which is open for breakfast, lunch and dinner, and boasts 40 small plates and other delicious food and beverages.

The Hilton allows you to keep up with your workout schedule in our fitness center which features stateof-the-art cardiovascular and strength training equipment, or swim a few laps in the indoor heated swimming pool

GUEST ROOMS

Guest rooms come equipped with: Complimentary Wi-Fi, Hilton Serenity Beds, desk, ergonomic chair and 55"TV.

Room Highlights

- Personal safe
- Mini refrigerator
- 250 thread count sheets
- 55-inch TV
- Hairdryer
- Iron

*Room rate includes complimentary selfparking in the Walnut Street Parking Garage attached to the Hilton Harrisburg.

**The Walnut Street parking garage is open for monthly parkers, the general public and Hilton Hotel parking and includes 20 handicapped accessible spaces. Clearance height 6'6". Motorcycles are not permitted in the Walnut Street Garage. Location is directly connected to Strawberry Square, the Hilton Harrisburg Hotel, and Whitaker Center for Science and the Arts.



REGISTRATION

The registration form should be completed and emailed, faxed, or mailed to:

Email: info@pacertboard.org

FAX: 717.540.4458

Mailing address: PCB, 298 S. Progress Avenue, Harrisburg, PA 17109

Payment must accompany each registration.

Confirmation letters and driving directions will be emailed for all registrations received up to 15 working days prior to the conference.

CONFERENCE PRICE INCLUDES

Monday and Tuesday Continental Breakfast Monday and Tuesday Panel Discussion and Workshops Monday Luncheon

The registration table will be open Sunday 3:30 PM – 5:30 PM, Monday, April 24th from 7:00 AM to 3:00 PM and on Tuesday, April 25th from 7:00 AM to 9:00 AM. This is where registered participants confirm their attendance and collect their conference nametags and related conference materials.

CANCELLATIONS/ REFUNDS/ CHANGES

Written refund requests, acceptable up to **10 working days** prior to the conference are subject to a **\$25 administrative fee**. Written substitute attendee requests, acceptable up to 10 days prior to the conference, are subject to a **\$25 administrative fee**. Payments on or after the conference date are subject to a \$25 administrative fee.

CONTINUING EDUCATION

Certificates of attendance with earned continuing education hours will be emailed to all participants within 10 working days after the participant completes an on-line training evaluation for each training attended.

10.5 continuing education hours will be awarded for attendance at the entire conference.

REGISTRATION

PLEASE SELECT ONLY ONE TRAINING WITHIN EACH TRAINING PERIOD – Monday breakout trainings are 2-hours. Tuesday breakout trainings are 3-hours.

MONDAY, APRIL 24TH

Monday PCB Ethics Panel Discussion 1.5 hr.

(Basic/Intermediate: Ethics)

- Will attend
- Will not attend

Morning Trainings 2 hr.

- Are you Right Sized? Let's Break it Down (Intermediate: Clinical, Best Practices, Professionalism)
- Digital Dilemmas: Ethical Considerations of Telehealth in Treating Substance Use Disorder (Intermediate: MH/SUD, Ethics/ Professionalism)
- Through Fear to Recovery (Intermediate/Advanced: Clinical: Research to Practice, Best Practices, Professionalism)
- Working with Trauma Exposure in First Responders: Recommendations and Considerations of Treatment Design

(Intermediate: Clinical, Best Practice, SUD/MH)

Afternoon Trainings

2 Hour: Block 1

- Aspirational Ethics (Intermediate/Advanced: Ethics, Clinical SUD/MH)
- The Convergence of Gambling and Gaming (Basic/Intermediate: Gambling/ Gaming, SUD/MH)
- Professionalism in the Workplace (Basic/Intermediate: Professionalism, SUD/MH clinical and peer)
- Ethics & Client Placement: Do you know where your patient went? (Basic/Intermediate: SUD/MH, Professionalism/Ethics/Business Practice)

Afternoon Trainings

2 Hour: Block 2

 An Integrated Model of Clinical Supervision (Intermediate/Advanced: SUD/MH, Supervision. Ethics,

SUD/MH, Supervision. Ethics, Professionalism/RTP)

- Transforming Counseling Skills from Good to Great (Advanced: Clinical: Professionalism, Research to Practice, SUD/MH)
- Meeting Individuals Where They Are and the Ethics Behind It (Basic: SUD/MH: Ethics, Best Practice)
- Bad Things Aren't Supposed to Happen to Therapists (but they do) (Intermediate: Clinical, Self-Care, Best Practice)

TUESDAY, APRIL 25TH

Morning Trainings 3 hr.

- You're Thinking About Doing What?? Ethics, Peer Support, and Making Ethical Decisions (Intermediate: MH/SUD Ethics-Peer focused)
- Lessons from the Dark Side: The Elements of Organizational Ethics (Intermediate/Advanced: MH/SUD: Ethics, Professionalism)
- When Science and Evidencebased Practice Lead to Harm and not Harm Reduction (Intermediate/Advanced: Clinical, Description (Description)

Research to Practice/Ethics/Best Practice)

Current Conversations in Professionalism

(Intermediate: Clinical: Best Practice, Professionalism/Ethics)

REGISTRATION

Secure on-demand online conference registration is available at conference.pacertboard.org. Payment must accompany each registration.

PCB · 298 South Progress Avenue · Harrisburg, PA 17109-4626 phone: (717) 540-4455 · fax: (717) 540-4458 · email: info@pacertboard.org

Please Print
Name
Address
City
State
Zip
Mobile Phone
Email

Conference Fee Schedule

□ \$200 Prior To March 1st □ \$225 After March 1st

Method Of Payment

Mastercard
Visa
Discover
American Express

□ Check Enclosed (Payable To PCB)

Card Number	Exp. Date	Security Code
Name On Card		

