Bradford/Sullivan Drug & Alcohol SCA

Recovery Specialist Training Series:

The CRS/CFRS training series will be held over 10 weeks beginning on Friday 9/8/2023 and concluding on Friday 11/10/2023. This training is funded by the Pennsylvania Department of Drug Alcohol Programs (DDAP) and there is no cost to attend.

Training Location:

Bradford County Public Safety Center 29 VanKuren Drive Towanda, PA 18848.

Training series password for registration:

For the password to apply for the training series please contact Karen Laboranti, Bradford/Sullivan Drug & Alcohol SCA Director at laborantik@bradfordco.org

Training Series Breakdown

*The hours listed here are the minimum hours necessary to complete the curriculum. Actual classroom time may vary from week to week depending on class flow. Participants should arrive by *8:45 am and expect to be in class until 4:00 pm each day.

Recovery Specialist Training Series

Date Course Hours

Friday: 9/8/2023 RSC01 - Introduction for the Recovery Specialist 6.5 HRS

The first session in the Recovery Specialist Curriculum (RSC) will introduce the course, covering the history of SUD and recovery. Multiple definitions of recovery will be discussed as well as an initial dialogue on the role of the recovery specialist.

Friday: 9/15/2023 RSC02 - The Role of the Recovery Specialist 6.5 HRS

The second session in the RSC will conclude the discussion of the role of the Recovery Specialist (RS) and begin the review of the communication and professional skills of the RS

Friday: 9/22/2023 RSC03 - Communication and Motivational Interviewing 7 HRS

The third session of the RSC will conclude the discussion of the role of the Recovery Specialist (RS) and introduce Motivational Interviewing.

Friday: 9/29/2023 RSC04 - Stages of Change and Ethical Considerations 6.5 HRS

The fourth session of the RSC will continue the discussion of Motivational Interviewing and review the Stages of Change. Ethical responsibility and professionalism will also be discussed.

Friday: 10/6/2023 RSC05 - Ethical Responsibility and Professionalism 6.5 HRS
The fifth session of the RSC will conclude the discussion on ethics and professionalism. The day will conclude with beginning the discussion on Substance Use Knowledge.

**Friday: 10/13/2023 RSC06 - Substance Use Knowledge 6 HRS**

The sixth session of the RSC will be an in-depth discussion on substance use.

**Friday: 10/20/2023 RSC07 - Co-Occurring/Mental Health and Recovery Planning 6.5 HRS**

The seventh session of the RSC will discuss co-occurring disorders and mental health, as well as begin a discussion on recovery planning and collaboration.

**Friday: 10/27/2023 RSC08 - Recovery Planning/Collaboration and Other Types of Support 6.5 HRS**

The eighth session of the RSC will conclude with a discussion of recovery planning and collaboration. Additionally, other types of support a recovery specialist can provide will be reviewed, including non-clinical support groups, and digital recovery support.

**Friday: 11/3/2023 RSC09 - Advocacy and Cultural Competency 7 HRS**

The ninth session of the RSC will conclude with a discussion on advocacy and begin a discussion on cultural competency.

**Friday: 11/10/2023 RSC10 - Cultural Competency and Safety/Self-Care 7 HRS**

The tenth and final session in the RSC will conclude the discussion of cultural competency and discuss safety and self-care for the recovery specialist.

**Classroom Total 66 HRS**

**Out-of-class assignments 12 HRS**

**Total Certification Hours 78 HRS**