



Region 5 Recovery Hub - Certified Recovery Specialist (CRS)

The CRS/CFRS training series will be held over 10 days beginning 9/9/24 and concluding 9/20/24. The training is funded by PMHCA's recently awarded Department of Drug and Alcohol Programs (DDAP) Regional Recovery Hub – Region 5 Hub. There is no cost to attend. Priority seating will be given individuals who reside and/or work within Region 5 counties until 8/25/24. Testing/PCB application fees will also be covered under this project at no cost to the attendees.

Training Location:

Life Changing Pathways
924 W. Market St.
York, PA 17401

To Apply:

- Candidates must begin by creating an account at <https://www.pacertboard.org/>
- Once an account is created candidates must apply for the class at <https://www.pacertboard.org/class/recovery-specialist-294>
- Students may test for CRS Certification after completing 78 hours of training including 66 classroom hours and 12 hours of work outside the classroom.

*The hours listed here are the minimum hours necessary to complete the curriculum. Actual classroom time may vary from week to week depending on class flow. Students should arrive by 8:15 am and expect to be in class to 4:30 pm each day.



Certified Recovery Specialist (CRS) Training Series 2024

Date	Course	Hours
9/9/2024	RSC01 - Introduction for the Recovery Specialist	6.5
	The first session in the Recovery Specialist Curriculum (RSC) will introduce the course, covering the history of SUD and recovery. Multiple definitions of recovery will be discussed as well as initial dialogue on the role of the recovery specialist.	
9/10/2024	RSC02 - The Role of the Recovery Specialist	6.5
	The second session in the RSC will conclude the discussion of the role of the Recovery Specialist (RS) and begin the review of communication and professional skills of the RS	
9/11/2024	RSC03 - Communication and Motivational Interviewing	7
	The third session of the RSC will conclude the discussion of the role of the Recovery Specialist (RS) and introduce Motivational Interviewing.	
9/12/2024	RSC04 - Stages of Change and Ethical Considerations	6.5
	The fourth session of the RSC will continue the discussion of Motivational Interviewing and review the Stages of Change. Ethical responsibility and professionalism will also be discussed.	
9/13/2024	RSC05 - Ethical Responsibility and Professionalism	6.5
	The fifth session of the RSC will conclude the discussion on ethics and professionalism. The day will conclude with beginning the discussion on Substance Use Knowledge.	
9/16/2024	RSC06 - Substance Use Knowledge	6
	The sixth session of the RSC will be an in-depth discussion on substance use	
9/17/2024	RSC07 - Co-Occurring/Mental Health and Recovery Planning/Collaboration	6.5
	The seventh session of the RSC will discuss co-occurring disorders and mental health, as well as begin a discussion on recovery planning and collaboration.	
9/18/2024	RSC08 - Recovery Planning/Collaboration and Other Types of Support	6.5
	The eighth session of the RSC will conclude discussion of recovery planning and collaboration. Additionally, other types of support a recovery specialist can provide will be reviewed, including non-clinical support groups, digital recovery support, and advocacy.	
9/19/2024	RSC09 - Advocacy and Cultural Competency	7
	The ninth session of the RSC will conclude discussion on advocacy and begin a discussion on cultural competency.	
9/20/2024	RSC10 - Cultural Competency, Safety and Self-Care	7
	The tenth and final session in the RSC will conclude the discussion of cultural competency and discuss safety and self-care for the recovery specialist.	
	Classroom Total	66
	Out of class assignments	12
	Total Certification Hours	78

Please call Keith Elders at (814) 248 – 9040 or Kathy Quick at (484) 904 - 5218 with any questions.