



Certified Recovery Specialist (CRS) Training Series 2026

The CRS/CFRS training series will be held over 10 weekdays (Monday 8:30 am to 4:30 pm) beginning 1/18/26 and concluding 1/30/26.

The training tuition is \$1000 per person. This only covers tuition and a paper manual for each participant. Test fees, travel, food, and any other expenses are the participant's responsibilities.

You must register on the Pennsylvania Certification Board (PCB) website here: <https://www.pacertboard.org/class/recovery-specialist-383>

Once you are registered with the PCB, you will be called by one of the facilitators for screening and further registration/payment instructions. **YOU MUST COMPLETE ALL STEPS AND PAYMENTS TO BE FULLY REGISTERED FOR THE CLASS.**

Training Location:

Life Changing Pathways
924 West Market St
York, PA. 17401

To Apply:

- Potential candidates must begin by creating an account at <https://www.pacertboard.org/>
- Once an account is created, potential candidates must apply for the class at the following [LINK](#)
- Once approved by facilitator, students will be directed to the PMHCA website for payment and registration completion.
- Students may test for CRS Certification after completing 78 hours of training including 66 classroom hours and 12 hours of work outside the classroom.

***The hours listed here are the minimum hours necessary to complete the curriculum. Students should arrive by 8:15 pm and end by 4:30 pm.**



Certified Recovery Specialist (CRS) Training Series 2026

Date	Course	Hours
1/18/2026	RSC01 - Introduction for the Recovery Specialist	7.5
	The first session in the Recovery Specialist Curriculum (RSC) will introduce the course, covering the history of SUD and recovery. Multiple definitions of recovery will be discussed along with roles and responsibilities.	
1/19/2026	RSC02 - The Role of the Recovery Specialist	7.5
	The second session in the RSC will conclude the discussion of the role of the Recovery Specialist (RS) and begin the review of communication and professional skills of the RS	
1/20/2026	RSC03 - Communication and Motivational Interviewing	7
	The third session of the RSC will conclude the discussion of the role of the Recovery Specialist (RS) and introduce Motivational Interviewing.	
1/21/2026	RSC04 - Stages of Change and Ethical Considerations	7.5
	The fourth session of the RSC will continue the discussion of Motivational Interviewing and review the Stages of Change. Ethical responsibility and professionalism will also be discussed.	
1/22/2026	RSC05 - Ethical Responsibility and Professionalism	7.5
	The fifth session of the RSC will conclude the discussion on ethics and professionalism.	
1/26/2026	RSC05 - Ethical Responsibility and Professionalism	7.5
	The day will begin the discussion on Substance Use Knowledge.	
1/27/2026	RSC06 – Substance Use Knowledge, Co-Occurring/Mental Health, and Recovery Planning/Collaboration	7.5
	The sixth session of the RSC will conclude the discussion on substance use knowledge and engage the discussion on co-occurring disorders and mental health, as well as begin a discussion on recovery planning and collaboration.	
1/28/2026	RSC07 - Recovery Planning/Collaboration and Other Types of Support	7.5
	The seventh session of the RSC will conclude discussion of recovery planning and collaboration. Additionally, other types of support a recovery specialist can provide will be reviewed, including non-clinical support groups, digital recovery support, and advocacy.	
1/29/2026	RSC08 - Advocacy and Cultural Competency	7
	The eighth session of the RSC will conclude discussion on advocacy and begin a discussion on cultural competency.	
1/30/2026	RSC9 - Cultural Competency, Safety and Self-Care	7
	The ninth and final session in the RSC will conclude the discussion of cultural competency and discuss safety and self-care for the recovery specialist.	
	Classroom Total	66
	Out of class assignments	12
	Total Certification Hours	78

Please call Kathy Quick at 484-904-5218 or Kevin Puskaric at 878-218-2099 with any questions.