CLINICAL HUMILITY
“ARE YOU RIGHT Sized”

- Program Director
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- Certified Drug & Alcohol Counselor
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CONTENT
- Why Are We Here?
- What About Our Clients?
- What About Us?
- Why Is This Relevant?
REASONS FOR ENTERING THIS FIELD?

- Understanding the need through personal experience
- Desire to assist others suffering from addiction
- Desire to effect change

WHAT MOTIVATES YOU?

- What initially motivated you?
- Why are you still here?
- Does your initial motivation still drive you?
- Have we lost our way?

WILL YOU REMAIN IN THIS FIELD?

- What is your current motivation?
- Does the field continue to meet your vision?
- Are you still committed to your original goals?
- Do you desire to remain in this field?
WHY IS THIS RELEVANT?

- Reason for being here?
- Motivation?
- Commitment?

WHAT ABOUT OUR CLIENTS?

- Do we continue to create a space that is growth oriented, curious and caring?
- Are we remaining right sized?
- Do we remain humble as we continue to advance professionally?

WHAT ABOUT US?

- Are we taking the necessary steps to keep ourselves safe and engaged!
- Are we utilizing ethical practices?
- Are we maintaining healthy boundaries?
ARE WE EVOLVING?

- Is our evolution still about the revolution?
- What drives us now?
- Do we have new aspirations?

Working in the substance use disorder field is both challenging and rewarding. Helping others break free from the cycle of addiction is a noble goal, but it requires care, experience, and a humble willingness to evaluate our own motivations and behavior.

THANK YOU!