

2019 ANNUAL CONFERENCE

EDEN RESORT & SUITES | Lancaster | April 15th-16th



PENNSYLVANIA

CERTIFICATION BOARD



Explore Villanova University's Alcohol and Drug Counselor and Recovery Specialist Certificate Programs

Complete all 13 courses and 104 approved education hours required to sit for the Pennsylvania Certification Board (PCB) CADC certification exam.

About the program:

- As part of a cohort, students complete the full program in just one semester
- Classes are held Saturdays on Villanova's suburban Philadelphia campus
- Classes in the CADC/CRS programs may be applied to some other PCB certifications
- Cohorts begin each fall and spring semester

Learn more at cps.villanova.edu or call 610-519-4300.

PENNSYLVANIA

CERTIFICATION BOARD

PCB WELCOMES YOU TO THE **ANNUAL CONFERENCE**

APRIL 15TH-16TH | EDEN RESORT & SUITES | LANCASTER

PCB has selected the best in educational offerings for our conference. We are excited you have chosen to join us and hope this experience is valuable to you as a behavioral health professional. The workshops have been selected to meet the needs of all levels of expertise from beginner to advanced.

On behalf of the entire PCB Board of Directors and staff, thank you for attending the PCB Annual Conference.

Mary Jo Mather



PCB Executive Director

Lori Simons, Ph.D., CAADC, CCDPD



PCB President

Thanks to Our Sponsor:



VILLANOVA
UNIVERSITY

College of Professional Studies

ITINERARY

MONDAY, APRIL 15TH & TUESDAY, APRIL 16TH

MONDAY | APRIL 15TH

6:30am-8:00am

*Continental Breakfast
Networking and Exhibits
The Courtyard*

PCB EXECUTIVE DIRECTOR ADDRESS

8:00am-8:30am

SPEAKER

Mary Jo Mather
Crystal Ballroom

2019 CERTIFIED PROFESSIONAL OF THE YEAR AWARD

8:30am-8:45am

The Courtyard

**Jana Morris, CAADC,
CCS, MS, LPC**
*Executive Director
and Founder, Recovery
Revolution: Bangor, PA*

PANEL DISCUSSION

9:00am-10:30am

THE PEER WORKFORCE:
The Power of the Peer

Panel Discussants:

Ramon Cruz, CPS | Peer Culture
Initiative Specialist | DBHIDS

Joan Erney, J.D. | CEO | Community
Behavioral Health

Stephanie Hastings, BA | Recovery Service
Community Coordinator | Pro-A

Brandee Izquierdo, MPA, CPRS, RPS
Executive Director | SAFE Project

**THE EVOLVING
ADDICTION WORKFORCE:**
Our History and Our Future

BREAK & EXHIBITS

10:30am-11:00am

The Courtyard

MORNING SESSIONS

11:00am-1:30pm

PEER SPECIALIST

SUPERVISION: Utilizing a Trauma Informed Approach

Don Altemus, MS, CPS

UTILIZING GROUP THERAPY IN RELAPSE PREVENTION:

An Interpersonal Approach

Ford Brooks, Ed.D, NCC, LPC, CADC

DOES YOUR STRENGTHS BASED PRACTICE HAVE LEGS?

Eileen Henry, Ed.D, MBA, MS, CRS

ALTERNATIVE TREATMENTS FOR DEPRESSION AND ANXIETY

Craig Strickland, PhD

CONFERENCE LUNCHEON

1:30pm-3:00pm
Crystal Ballroom

AFTERNOON SESSIONS

3:00pm-5:30pm

CRITICAL ANALYSIS:

A Closer Look at the Current Recovery Landscape

Erich Curnow, BA, CCDP, CRS

THE COST OF CARING:

Compassion Fatigue and Burnout in the Profession

Marcelle Giovannetti, MS, NCC, CADC, LPC

KARMA: How Teaching and Counseling in the Kingdom of Bhutan Can Inform Counselors in Pennsylvania

Kurt Kraus, Ed.D, NCC, ACS, LPC

Ford Brooks, Ed.D, NCC, LPC, CADC

UP IN SMOKE, DAZED AND CONFUSED:

What's Up with Weed in Pennsylvania

Martha Thompson, PsyD, CAADC

DINNER

On Your Own

TUESDAY | APRIL 16TH

6:30am-8:00am

*Continental Breakfast
Networking and Exhibits
The Courtyard*

PANEL DISCUSSION

8:00am-9:30am
Crystal Ballroom

NOTES FROM THE FIELD:

A discussion about the changing environment, accomplishments and current and past challenges of the addiction field from those who have “boots on the ground” experience for decades.

Panel Discussants:

Thomas Deitzler, CADC, CCDP, CCJP, CCS, CIP | Advisor to the COO | EVP of Treatment | Caron Treatment Centers

Beverly J. Haberle, MHS, LPC, CAADC, CIP | Executive Director | The Council of Southeast Pennsylvania, Inc.

William P. Milchak, LCSW, CADC, CCDPD | Addictions Consultant | Department of Psychiatry, Penn State College of Medicine

BREAK & EXHIBITS

9:30am-10:00am
The Courtyard

MORNING SESSIONS

10:00am-12:30pm

IT TAKES A VILLAGE:

Best Practices in Treating Teens with Substance Use Disorders

Erin Goodhart, LPC, CAADC, CCS, CSAT
Heather Hafer, MA, CAAP

IMPLEMENTING CULTURAL HUMILITY INTO TREATMENT FOR LATINOS WITH SUBSTANCE USE DISORDERS

Alex Redcay, PhD, LCSW
Mayte Redcay, LCSW, CADC, SAP, CEAP

RELAPSE PREVENTION IN PEER SUPPORT SERVICES

Brad Schweitzer, BA, CADC, CIP, CRS

ETHICS: Contemporary Quandaries and Quagmires

Eric Webber, MA, CADC, CCS

CONFERENCE LUNCHEON

12:30pm-1:30pm
Crystal Ballroom

AFTERNOON SESSIONS

1:30pm-4:00pm

FOLLOW THE SCIENCE:

A Template for Treating Addiction

Jeb Bird, MPs.Sc, CAADC

USING THE INTEGRATIVE REFLECTIVE MODEL OF GROUP SUPERVISION IN ADDICTIONS COUNSELING

Ryan Bowers, PhD, LPC, NCC, CAADC

CREATIVE GROUPS WITH MEMORABLE THERAPEUTIC IMPACT

Marcelle Giovannetti, MS, NCC, CADC, LPC

LET'S TALK ABOUT SEX & RELATIONSHIPS IN RECOVERY

Lauren Herbert, MS, LGPC, NCC

Colleen Herbert, MSW, LMSW

A SPECIAL THANKS TO OUR EXHIBITORS

Exhibits Open | Monday 7:00am-5:00pm | Tuesday 7:30am-3:30pm

ABRAXAS 1

Abraxas Youth & Family Services is a national leader in the operation of community based and residential programming for at-risk youth, adults and families. Delivering innovative, personalized and collaborative services, we offer treatment, behavioral health services, educational & vocational support, life skills, family counseling, recreation and community engagement. Our treatment services are strength-based, client-centered, family-oriented and trauma-focused. We have established a diversified continuum of care to include alternative education, in-home services, outpatient clinics, group counseling, aftercare services, detention and shelter care and a variety of out of home services from transitional living to secure treatment.

ABSTINENT LIVING at Turning Point at Washington, Inc.

The Turning Point is a Halfway House in Washington, Pennsylvania, serving the Washington community, and most Pennsylvania counties, since 1991. We maintain a 24 bed halfway house for women, and a 6 bed halfway house for women with a child up to 5 years of age. The trust in the original mission of service to women in recovery has been steadfast and unwavering. The Turning Point has served over one thousand five hundred (1500) women at our residential treatment facilities. All have gained, some more than others, from our unique drug and alcohol treatment program.

In fact, our most recent internal studies show that over 40% of the clients, who completed the program during the last four (4) years remain drug-free. This is a benchmark in which we take particular pride!

We are here to help make this a “Turning Point” for the next generation of women who need our support in their recovery!

THE ACADEMY SCHOOLS

The Summit Academy and New Outlook Academy’s adolescent inpatient, non-hospital, residential drug and alcohol programs are licensed by the Department of Drug and Alcohol Programs (DDAP) and accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF). The approach to treatment is a multi-dimensional, tailor-made approach, specifically designed to meet the individual needs of the client. Each client is expected to complete a four-step treatment program to help with recovery. The various treatment models utilized in the program are: Cognitive Behavioral Therapy (CBT), the Chronic Disease model, 12-Step approach, Motivational Interviewing, Trauma Informed Care, education, lectures and multi-family group sessions.

BANYAN TREATMENT CENTER

Banyan Treatment Center is Joint Commissioned Accredited and stands as a leader in the treatment industry providing quality drug addiction and mental health services. With five locations across the country including Boston, MA, Chicago, IL, Boca Raton, FL, Pompano Beach, FL and Stuart, FL, Banyan provides a full continuum of care including medically managed detox, residential, partial hospitalization, outpatient and alumni services.

ABSTINENT LIVING AT THE TURNING POINT @ WASHINGTON

“An Organization That Provides a Continuum Of Care
for Women Who Suffer from the Disease of Addiction.”



*Residential Halfway House-Women
Residential Halfway House-Women & Children
3/4 Transitional Living Program*

724.228.2203

www.abstinentliving.com

Our Mission

The Turning Point is a Halfway House in Washington, Pennsylvania, serving the Washington community since 1991. The trust in the original mission of service to women in recovery has been steadfast and unwavering. The Turning Point has served over one thousand four hundred (1400) women at our residential treatment facility. All have gained, some more than others, from our unique drug and alcohol treatment program.

Our most recent internal studies show that over 40% of the clients, who completed the program during the last four (4) years remain drug-free.

This is a benchmark in which we take particular pride!

It is organizations like the Turning Point that carry individuals through crisis.

We are here to help make this a “Turning Point” for the next generation of women who need our support in their recovery!

**199 North Main Street
Washington, Pennsylvania**

BEHAVIORAL HEALTH EDUCATION SERVICES

Behavioral Health Education Services, LLC is one of the leading PCB approved training providers for both the Certified Recovery Specialist (CRS) and Certified Family Recovery Specialist (CFRS) in southeastern Pennsylvania. Our mission is to provide high quality behavioral health education that will assist individuals in providing effective services in the behavioral health field. We are located in Berks county, PA and continue to work towards expanding our training availability to meet the needs of individuals throughout the Commonwealth of Pennsylvania.

BRAINSPARK HEALTH

Holistic Outpatient Detox and Wellness Center.

COLONIAL PARK IOP

Our Colonial Park Intensive Outpatient Program (IOP) is celebrating another year of successfully helping clients with addiction recovery. Our treatment services include a complete comprehensive Modern Recovery Program, including Cognitive and Dialectical Behavioral therapy with a high emphasis on today’s opiate addiction epidemic, individual and group counseling, relapse prevention, trauma, 12-step, mindfulness and self-realization therapy. Our Colonial Park House offers the best in Men’s and Women’s Recovery Residences, with 26 beds, 19 for men and 7 for women. We strive to make our clients feel supported. We are NARR and PARR Certified, with a nice suburban location that provides all basic needs to create a comfortable living environment, including flat-screen TVs, Wi-Fi, and free washers and dryers. For a high level of care and/or a safe sober living environment, Colonial Park House and Colonial Park IOP is an ideal solution. For any questions please contact us at (717) 991-4755.

COMMUNITY CARE BEHAVIORAL HEALTH ORGANIZATION

Community Care Behavioral Health Organization is a non-profit and federally tax-exempt 501(c)(3) behavioral health managed care organization, headquartered in Pittsburgh, Pennsylvania, that is part of the UPMC Insurance Services Division. Our work focuses on publicly-funded behavioral health care services. We manage care for approximately 960,000 Medicaid recipients in 39 of 67 Pennsylvania counties. Our mission is to improve the health and well-being of the community through the promotion of effective, cost-efficient, and accessible behavioral health services. For more information, please visit www.ccbh.com.

DISCOVERY HOUSE

Discovery House New Castle was established in 2008 as an outpatient Methadone program. In November 2015 we were acquired by Acadia Healthcare, but retain the Discovery House name. The clinic is licensed for 600 patients. We are now approved for 100 outpatient chemotherapy and 100 drug free patients and there are currently 538 patients in treatment. At this time methadone is the only medication we offer, but we are looking to expand to Suboxone in the future. We offer a variety of groups to meet the patient needs: examples are parenting, journaling, men's and women's groups, THC, Cocaine and Benzodiazepine, to name just a few.

DREXEL UNIVERSITY ONLINE

Drexel University's online Behavioral Health Counseling programs are designed to teach you to apply evidence-based practices to meet the needs of a growing population of people experiencing drug and alcohol use disorders. Learn more! (Link: Online.Drexel.Edu/ABH)

EAGLEVILLE HOSPITAL

Eagleview Hospital is a 305-bed, non-profit addictions and behavioral health treatment and educational organization. Eagleview is the only area hospital to offer levels of care ranging from acute psychiatric hospitalization to specialty hospitalization to residential care for treating addiction, co-occurring, and mental health disorders. We staff physicians, nurses, and psychiatrists, who, along with therapists, social workers and addictions counselors, provide premium, integrated care customized to adults of

all ages who want to thrive. When a patient has both mental health issues, including acute psychiatric disorders, and substance use disorders, we treat all issues simultaneously. We provide a complete spectrum of integrated care options, 24/7. Older Adult Behavioral Health Program : For patients aged 50 and older who have a psychiatric disorder, we offer an Older Adult Behavioral Health unit. For these patients, who have a primary diagnosis of a psychiatric disorder, the goal is to stabilize them and return them to their optimal level of functioning outside the hospital. If a patient is also misusing substances, the patient may go through detoxification and be prepared for the next phase of treatment in one of the addiction programs. We provide round-the-clock nursing and highly focused, integrated care for the patients in this secure unit. This program offers daily counseling, activities, and social work services. It is led by a psychiatrist, who meets daily with the patients.

FAIRMOUNT BEHAVIORAL HEALTH SYSTEM

Located on a 27-acre wooded campus, Fairmount Behavioral Health System is a peaceful, therapeutic environment for patients and families. Fairmount is a major regional resource for children, adolescents and adults who have psychiatric and behavioral problems as well as alcohol and drug dependency needs. The spacious campus borders Fairmount Park in the Roxborough section of Philadelphia. With one of the leading alcohol and drug detox and rehab programs in Philadelphia, Fairmount is the provider of choice for individuals requiring specialized co-occurring psychiatric and chemical dependency treatment. The staff of Fairmount Behavioral Health System strives to maintain a total therapeutic environment through individualized treatment for each patient and family. Comprehensive patient-oriented activities include group therapy, family therapy, allied therapy and educational services. One of our strengths is the diversity of therapists that provide treatment. They use various modalities including art, music, movement, cognitive and behavioral approaches, mindfulness techniques and recreation to provide optional avenues of expression and help patients learn about themselves and start to make desired changes.

FIRETREE LTD.

Firetree, Ltd's Conewago family of treatment programs offers a range of programs addressing the needs of chemically addicted individuals. Programs for men and women 18 and older include: Conewago Place, Conewago Pottsville, Conewago Snyder, Conewago Indiana, and New Way of Life Men's Halfway House. Our mission statement, "Together Building a New Way of Life", is exemplified by our progressive programs and our dedicated professional staff. We work as a team with our clients to help them change their thinking and behavior in order to maintain their sobriety. We believe that change is possible but will only take place through acceptance of personal responsibility and accountability.

THE GATE HOUSE

Founded in 1972 and located in Lancaster County, PA, The GateHouse is a nonprofit organization providing drug and alcohol treatment to clients with severe addictions. Among the vital services The GateHouse provides are therapy, education, community integration, life skills, job preparedness, and family integration. The GateHouse is uniquely positioned to respond to the devastating heroin crisis and opioid epidemic plaguing our communities and is the only drug and alcohol treatment provider in Lancaster County offering a continuum of care in community-based treatment services such long-term residential care, outpatient counseling, and supportive transitional living in recovery. The GateHouse is licensed by the Commonwealth of Pennsylvania, and accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF).

GAUDENZIA, INC

Serving about 17,500 individuals annually, Gaudenzia operates 169 drug and alcohol treatment programs at 101 facilities for men and women in Pennsylvania, Maryland, Delaware, and Washington, D.C. Services include specialized programs for pregnant and parenting mothers, adolescents, and people suffering

from co-occurring mental illness and substance abuse. Gaudenzia continues to improve and expand our services, helping individuals, families, and communities overcome the ravages of addiction.

GAUDENZIA TRAINING INSTITUTE

The Gaudenzia Training Institute, operating since 1990, has a mission to educate the public about chemical dependency and related conditions. Thus, the goals of our training institute are: to enhance the services provided to the chemically dependent and/or co-occurring diagnosed individual through on-going education for treatment providers; to share with the treatment community Gaudenzia's knowledge and skills based on over 48 years of service for the chemically dependent, women and children, and/or co-occurring diagnosed persons; to assist drug and alcohol treatment professionals in obtaining state honored education; and to make a contribution towards upholding the standards of treatment, through on-going education of treatment professionals. For more information contact: Samantha Fox, Administrative Coordinator, at Gaudenzia Training Institute, 106 W. Main St., Norristown, PA 19401, 610-239-9600 ext. 1044 (work), (610) 239-9324 (fax) or snicholson@gaudenzia.org.

GENESIS HOUSE

Genesis is a family owned and operated Addiction Treatment Center established in 1992. Located in Lake Worth, Florida on 4 acres of pristinely manicured grounds, on a self contained campus. We are highly successful working with co-occurring disorders, with a multifaceted clinical team and full time Psychiatrist on staff. We also have specialty tracks in Uniformed Services and Christian Spirituality. Genesis is a fully licensed Detox and Residential Facility and holds Accreditation with the Joint Commission of Hospital Associations. Please feel free to contact us with any questions at 800-737-0933 or www.Genesishouse.net.

HIGHLAND HOUSE

Highland House is a state licensed, CARF accredited program. This residential facility is designed for adult women who have completed short-term drug/alcohol rehabilitation programs and who are making the transition to a new environment, or who are planning to reenter an old environment that is not immediately available or advisable. The residential stay of the program is three to six months. We offer therapeutic support services for women in recovery who are seeking an environment which fosters individual discovery and growth, supports a collective well being and shares a sense of experience, strength and hope.

INCASE

International Coalition of Addiction Studies Educators (INCASE) is an organization of college/university educators in the addiction studies field. Its mission is to encourage the establishment of college curricula in addiction studies both nationally and abroad and to support efforts to protect and enhance the professionalism of those who are engaged in addiction treatment, research and prevention. INCASE works in collaboration with: The National Addiction Studies Accreditation Commission (NASAC), an academic accreditation organization for higher education addiction studies programs. This is the only body accrediting the quality and scope of addiction studies in colleges and universities in the country.

JOURNEYS OF LIFE

Journeys of Life, Pittsburgh's premiere independent shop for books, gifts, and music was created by Jean Haller in 1989 to provide the community with the resources and inspiration to explore mental health, recovery and life issues, spirituality, personal growth and alternatives necessary to all who travel this Journey called Life. Journeys of Life also provides books, gifts, and other resources for professional conferences throughout the tri-state area. Their exhibit is a favorite wherever they go. Do not miss seeing this full-service conference bookstore. Cash, check, credit card and purchase orders accepted on site.



LIVENGRIN

Livengrin Foundation, located in Bensalem, Pa. is a private, non-profit substance abuse treatment center with over 50 years of experience providing confidential, quality treatment services; including discrete programs for both Healthcare Professionals and First Responders along with a full array of outpatient services. We offer superior value to our payor and EAP partners by providing clinical excellence at competitive rates.

MENTAL HEALTH PARTNERSHIPS

MHP is a non-profit organization founded in 1951. For over 50 years, MHP has been organizing, educating and advocating for the rights of people with mental illnesses. MHP is one of the nation's strongest organizations conducting behavioral health advocacy, education, and service programs. MHP operates over 50 diverse programs conducted by staff of more than 350 people who serve and empower over 100,000 consumers and family members each year. MHP manages an annual budget in excess of 16.5 million and raises funds from diverse sources including local, state, and federal governments,

private foundations, corporations, and individuals. Consumer and family members are involved as board members, staff, core volunteers, and key constituents in this innovative and powerful agency. This gives MHP a unique perspective and authority among behavioral health provider and advocacy agencies in the United States. Mission Statement Institute for Recovery: Guided by the transformational power of peer support, The Institute for Recovery at Mental Health Partnerships collaborates with individuals and organizations to create inclusive communities of caring, learning, and wellness through innovative training, consultation, and research.

MIRMONT TREATMENT CENTER

For over 25 years, Mirmont has helped thousands of people and their families who suffer from substance use disorders begin the journey of recovery from alcoholism and drug dependency. Mirmont offers the full continuum of inpatient and outpatient programs and services for adults 18 and older. We provide a holistic, compassionate approach to 12-step recovery. Program components include: treatment for chronic pain, first responder treatment (VIPER), trauma group provided by a trauma competent clinical team and Gorski-Model Chronic Relapse Syndrome treatment.

NEWPORT ACADEMY

Newport Academy is a series of evidence-based healing centers for adolescents and families struggling with mental health issues, eating disorders, and substance abuse. At Newport Academy, we believe in sustainable healing. We bring teens from self-destruction to self-esteem by treating the underlying causes of maladaptive and high-risk behavior. We treat individuals, ages 12-20, struggling with teenage depression, teen anxiety, eating disorders, teen trauma, teen dual diagnosis, and teenage substance abuse. Newport Academy is a different kind of teen rehab center. Through our clinical expertise and holistic care, we empower teens and restore families. We are a teen treatment center that provides the safety, support, and, above all, the unconditional love that teens and their families need to heal.

PENNSYLVANIA PSYCHIATRIC INSTITUTE

Pennsylvania Psychiatric Institute (PPI) is a collaborative between UPMC Pinnacle and Penn State Health and is a free-standing entity which provides an 89-bed inpatient and outpatient psychiatric service to communities in Central Pennsylvania and beyond. PPI is committed to providing various services including our Hispanic clinic with bilingual staff, Partial Hospitalization Programs for children, adolescents and adults; an Opioid Treatment Program and Electroconvulsive Therapy (ECT) for inpatient and outpatient consumers. PPI is dedicated to providing clinical excellence, diverse education, research and community collaboration in a manner that evolves with the changing behavioral health care needs of the region.

PINNACLE TREATMENT

Pinnacle Treatment Centers Network is a recognized leader in comprehensive substance use services. All locations—Indiana, Kentucky, New Jersey, Ohio, Pennsylvania, and Virginia—are CARF accredited and include credentialed physicians, nurses, clinicians, administrative and support staff. A full continuum of quality care includes detoxification for residential and outpatient clients as well as transitional living programs. We treat the individual's physical, emotional, spiritual, and psychological well-being. Because we put our patients' recovery first, Pinnacle Treatment Centers is committed to doing whatever it takes to help them on their journey toward healthier, happier lives. We innovate, trying new tools and treatments. And we partner with regulators and payers to ensure both patients and communities have the services they need.

POWER

POWER's mission is to help women reclaim their lives from the disease of addiction to alcohol and other drugs and to reduce the incidence of addiction in future generations. POWER offers a full range of trauma-sensitive treatment and support services for women. Empowering women leads to lives worth living, healthy families, and strong communities. POWER offers holistic and strengths-based care and addresses the issues that most matter including trauma, parenting, childcare, and general care-giving, self-esteem, relationships, social stigma, health and wellness,

education, training and employment and housing. POWER offers licensed treatment through the POWER House or POWER New Day Outpatient and recovery support through POWER Connection. Central intake offers women a confidential and comprehensive screening, assessment and referral and services designed to help women access the care they need when they need it the most. For more information, please call 412.243.8755 or visit our website: power-recovery.com.

PRESCIENT MEDICINE

Prescient Medicine empowers a new standard in healthcare delivery, offering expert-driven and evidence-based insights and medication monitoring to drive better diagnostic decisions. We deliver predictive health intelligence that brings the power of precision medicine within reach.

PRO-A

Celebrating 20 years of service to the recovery community across PA, Pennsylvania Recovery Organizations Alliance (PRO•A) is the statewide non-profit, 501(c)(3) grassroots advocacy organization dedicated to supporting individuals in recovery and educating the public on addiction and recovery. PRO•A provides no direct treatment or recovery support services, which uniquely qualifies PRO•A to carry out our mission statewide, free from real or perceived role conflicts in relation to our drug and alcohol service delivery system.

RECOVERY CENTERS OF AMERICA

Our mission is to save 1,000,000 lives—one neighborhood at a time. Providing detoxification, residential, and outpatient treatment services, our integrative approach not only focuses on the primary addiction, but also confronts a wide spectrum of issues that commonly co-occur with addiction, addressing all barriers to recovery. To meet the individual needs of our patients, we offer individualized clinical curriculum specifically for young men, young women, licensed healthcare professionals, and first responders such as police officers, fire fighters, and EMTs. Treatment includes a wide range of interactive educational seminars and group activities including: stress reduction, anger management, motivation to change, grief and loss, gender specific, stages of change, relapse prevention, trauma informed care, leadership training, mindfulness skills, creative arts therapies,

12-Step facilitation, family education and therapy, fitness, and wellness. By treating the whole person, our team helps patients and their families move on to a life of meaningful recovery.

RETREAT BEHAVIORAL HEALTH

Retreat Behavioral Health is a respected provider of substance abuse and mental health treatment services. With a number of locations along the East Coast and a multitude of inpatient and outpatient services, Retreat's goal is to help people easily access the best quality of care in a holistic and peaceful environment. We are in-network with most major insurances, and our admissions department operates 24/7. Our on-site clinical and medical staff are leaders in their fields, committed to working tirelessly on behalf of our patients.

REVELATIONS OF FREEDOM MINISTRIES

Revelations of Freedom Ministries (ROFM) is a 501 (c) 3 non- Profit, long term, residential, faith-based organization designed to provide rehabilitation services for adult men experiencing drug/alcohol addiction. All enrolled must be eighteen years of age or older. The ROFM program consists of 10 months of individual and group habilitative/rehabilitative programming specific to the addressing of the clients drug and alcohol usage/abuse/addiction. The modality for the provision of such rehabilitation includes, but is not limited to, classes in practical living, work duties and/or work therapy, spiritual mentoring, and recovery coaching. Methods for rehabilitation also include a combination of individual counseling and group methods. Counseling addresses addiction issues from a biblical perspective.

SEABROOK

Seabrook is a recognized CARF-accredited addiction and co-occurring mental health treatment center. Located: Bridgeton, Cherry Hill, Northfield, Morristown, and Monmouth County, NJ and Paoli, PA. Founded by Jerry and Peg Diehl in 1974 as a nonprofit, Seabrook has been helping families find the courage to recover for over 40 years.

SOBRIETY SOLUTIONS

Sobriety Solutions is a family owned and operated Substance Abuse Program. We offer an individualized, evidence-based treatment approach to address individuals and families' unique needs. We offer an Intensive Outpatient Program, Outpatient Program, and Eating Disorder Program. Our Intensive Outpatient and Outpatient Program services for men and women who need a structured treatment program but may not require or desire the clinical intensity of a residential treatment program. Structured over an extended period, with flexible schedules to accommodate work, the program is designed to identify and address emotional and behavioral obstacles to long-term recovery. Sobriety Solutions Eating Disorder Program is designed to treat the individual with an Eating Disorder and Substance Use Disorder. The program is designed to treat both conditions concurrently rather than individually. We provide individualized treatment tailored to meet the individual where they are at in their recovery. We seek to treat the whole person rather than a disorder. The goal of this specialty program is to help individuals recover from their Substance Abuse Disorder and Eating Disorder at the same time.

SUMMIT BHC

Summit BHC's sole focus is on the provision and management of specialty chemical dependency and addiction disorder services within a flexible and dynamic continuum of care. Our treatment facilities are specialized solely in helping adults and families suffering from addiction to alcohol and other drugs while offering a solution to the stressors that drive the addiction, providing a path to change and ensuring ongoing support for a restored life. Our mission is to help our clients attain their full potential. We aim to achieve this mission by delivering quality and innovative chemical dependency and addiction disorder services in a caring and supportive environment.

TREATMENT TRENDS, INC.

Treatment Trends, Inc. is a private, non-profit with programs that address addiction, crime, and violence. These programs include: Keenan House – a residential therapeutic community for adult, addiction treatment offering vocational training, GED, computer, and culinary arts education; Confront – an outpatient and intensive outpatient adult and adolescent treatment

services for addiction, co-occurring disorders, victims of sexual abuse, and non-offending parents; Halfway Home of the Lehigh Valley – addiction and co-occurring disorders treatment for adults; Treatment Continuum Alternative Project – an alternative to prison project with assessment/case management in Northampton and Lehigh Counties; Richard S. Csandl Recovery House; Treatment Trends Training Institute.

VILLANOVA UNIVERSITY: College of Professional Studies

The College of Professional Studies, one of Villanova University's six colleges, provides a Villanova education to intellectually curious, engaged and experienced adults who must balance life commitments and ambitions and require flexible pathways.

High-rigor, high-touch, high-flex, high-tech, the College of Professional Studies (CPS) offers learners of all ages an academically challenging and collegiate educational experience that is transformative.

Offering both on campus and online programs and courses, CPS students can chart their journey along three distinct pathways: undergraduate degree programs, certificates, as well as professional education. Each of these pathways leads to opportunities for students to enrich their lives, enhance their value in the workplace and pursue new careers. CPS provides the academic community to support students and assist them in reaching their individual goals.

WHITE DEER RUN TREATMENT NETWORK

White Deer Run Treatment Network, Pocono Mountain Recovery Center, and Huntington Creek Recovery Center work in collaboration to offer comprehensive treatment for adults who are struggling with chemical dependency and certain co-occurring mental health conditions. Located throughout Pennsylvania, these centers supply detoxification services, residential rehabilitation, partial hospitalization programs (PHPs), intensive outpatient programs (IOPs), traditional outpatient programs (OPs), continuing care planning, halfway houses, and more. We are dedicated to ensuring that each person receives treatment that is tailored to their needs and the support necessary to live a life free from chemical dependency.

A SPECIAL THANKS TO OUR ADVERTISERS & SPONSORS

**VILLANOVA UNIVERSITY:
CONFERENCE SPONSOR**

**ABSTINENT LIVING
AT TURNING POINT**

LIVENGRIN

CONFERENCE ETIQUETTE

It is difficult to maintain room temperatures that are comfortable for all participants and conference attendees should be aware that room temperatures will vary throughout the hotel. A light sweater or jacket is helpful when room temperatures become too cool.

Food and beverages for the conference have been chosen in such a way as to satisfy typical eating patterns and habits while staying away from food and drinks that tend to be less appealing to larger groups of people. Please understand that it is difficult to serve foods to the liking of all. We hope you enjoy the choices selected.

Participants are asked to turn off cell phones and other electronic devices when attending presentations or to change them to a silent signal if necessary. Please step outside of the training room when responding to a page or call.

All workshops, meetings, meal functions, and exhibit areas are smoke free. Please check with the hotel for designated smoking areas.

**YOU WON'T WANT TO MISS
NEXT YEAR'S ANNUAL CONFERENCE
MAY 4TH-5TH 2020**

Eden Resort and Suites, Lancaster PA

**PENNSYLVANIA
CERTIFICATION BOARD**

CONTINUING EDUCATION

PCB and NASW-PA approves 13.75 total hours for attendance at the entire conference.