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**ANNUAL  
CONFERENCE**

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Eden Resort & Suites  
Lancaster  
April 30<sup>th</sup>–May 1<sup>st</sup>



PENNSYLVANIA  
CERTIFICATION BOARD

PCB IS PLEASED TO WELCOME YOU TO THE  
**ANNUAL  
CONFERENCE**

APRIL 30<sup>TH</sup>-MAY 1<sup>ST</sup> | EDEN RESORT & SUITES | LANCASTER

PCB has selected the best in educational offerings for our conference. We are excited you have chosen to join us and hope this experience is valuable to you as a behavioral health professional. The workshops have been selected to meet the needs of all levels of expertise from beginner to advanced.

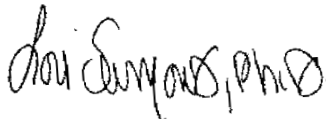
On behalf of the entire PCB Board of Directors and staff, thank you for attending the PCB Annual Conference.

Mary Jo Mather



*PCB Executive Director*

Lori Simons, PhD, CAADC, CCDPD



*PCB Acting President*

*Thanks to Our Sponsor*

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the heart of recovery

# ITINERARY

MONDAY, APRIL 30<sup>TH</sup> – TUESDAY, MAY 1<sup>ST</sup>

MONDAY | APRIL 30<sup>TH</sup>

7:00am–8:00am

The Courtyard

*Continental Breakfast  
Networking and Exhibits*

## KEYNOTE ADDRESS

8:00am–9:00am

Crystal Ballroom

## KEYNOTE SPEAKER

*Author and Journalist*

**Sam Quinones**

## SPEAKER BIO

Sam Quinones is a Los Angeles-based freelance journalist and author of three books of narrative nonfiction. His latest book is *Dreamland: The True Tale of America's Opiate Epidemic*

(Bloomsbury, 2015), for which he traveled across the United States.

*Dreamland* recounts twin stories of drug marketing in the 21st Century: A pharmaceutical corporation flogs its legal new opiate prescription painkiller as nonaddictive. Meanwhile, immigrants from a small town in Nayarit, Mexico devise a method for retailing black-tar heroin like pizza in the US, and take that system nationwide, riding a wave of addiction to prescription pills from coast to coast. The collision of those two forces has led to America's deadliest drug scourge in modern times. *Dreamland* won a National Book Critics Circle award for the Best Nonfiction Book of 2015.

It was also selected as one of the Best Books of 2015 by *Amazon.com*, *Slate.com*, *the Daily Beast*, *Buzzfeed*, *Seattle Times*, *Boston Globe*, *St. Louis Post-Dispatch*, *Entertainment Weekly*, *Audible*, and in *the Wall Street Journal* and *Bloomberg Business* by Nobel economics laureate, Prof. Angus

Deaton, of Princeton University. Quinones' previous two highly acclaimed books grew from his 10 years living and working as a freelance writer in Mexico (1994-2004).

*True Tales From Another Mexico: The Lynch Mob, the Popsicle Kings, Chalino and the Bronx* was released in 2001. It is a cult classic of a book from Mexico's vital margins – stories of drag queens and Oaxacan Indian basketball players, popsicle makers and telenovela stars, migrants, farm workers, a narcosaint, a slain drug balladeer, a slum boss, and a doomed tough guy.

In 2007, he came out with *Antonio's Gun and Delfino's Dream: True Tales of Mexican Migration*. In it, Quinones narrates the saga of the Henry Ford of Velvet Painting, and of how an opera scene emerged in Tijuana, and how a Zacatecan taco empire formed in Chicago. He tells the tale of the Tomato King, of a high-school soccer season in

Kansas, and of Mexican corruption in a small LA County town. Threading through the book are three tales of a modern Mexican Huck Finn. Quinones ends the collection in a chapter called "Leaving Mexico" with his harrowing tangle with the Narco-Mennonites of Chihuahua.

Sam Quinones is formerly a reporter with the *L.A. Times*, where he worked for 10 years (2004-2014). He is a veteran reporter on immigration, gangs, drug trafficking and the border.

## 2018 CERTIFIED PROFESSIONAL OF THE YEAR AWARD

9:00am-9:15am  
The Courtyard

**Karen Ferguson, CRS**  
*Supervisor, Berks County TASC, RSS program/ blended case management MH/DA, Reading, PA*

## KEYNOTE AUTHOR BOOK SIGNING

9:00am-9:40am  
The Courtyard

## MORNING SESSIONS

9:45am-12:45pm

### ADDICTION RECOVERY WITHOUT GOD (or Religion or Spirituality, or Higher Power, etc.)

*Tom Baier, MHS, LPC, CADC, CCS*

### REGULATING THE CO-OCCURRING ADOLESCENT AND YOUNG ADULT THROUGH THE APPLICATION OF DBT SKILLS

*Erin Goodhart, LPC, MA, CAADC, CCS and Cheryl Knepper, MA, LPC, CCDPD*

### MOTIVATIONAL INTERVIEWING IN PEER SUPPORT SERVICES

*Brad Schweitzer, BA, CADC, CRS, CIP*

### RECOVERY WELLNESS AND THE BRAIN:

What is the Research Showing Us?

*Craig Strickland, PhD*

## BREAK & EXHIBITS

11:00am-11:20am  
The Courtyard

## CONFERENCE LUNCHEON

12:45pm-1:45pm  
Crystal Ballroom

## AFTERNOON SESSIONS

1:50pm-4:50pm

## BREAK & EXHIBITS

3:00pm-3:20pm  
The Courtyard

### REVIVING GROUP PROCESS: An Experiential Training

*Diane Bradley, LPC, CAADC, ACS*

### USING INTERSECTIONALITY TO INFORM CARE AND COMPASSION IN AN AGE OF PROTEST AND DISCORD

*Marcelle Giovannetti, MS, NCC, CADC, LPC*

### TRAUMA INFORMING THE 12 STEPS:

Empowerment in Substance Misuse and Addiction Recovery

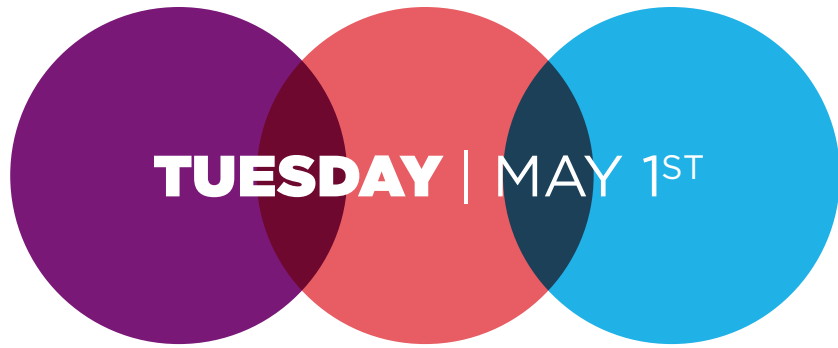
*Eryca Kasse, MSW, LICSW*

### BIG PHARMA, BIG SOLUTIONS: A Close Look at the Opioid Epidemic and Lessons from Big Tobacco

*Michael Palladini, RPh, MBA*

## DINNER

On Your Own



**TUESDAY | MAY 1<sup>ST</sup>**

7:30am-9:00am

The Courtyard

*Continental Breakfast*

*Networking and Exhibits*

**MORNING  
SESSIONS**

9:00am-12noon

**BREAK &  
EXHIBITS**

10:30am-10:50am

The Courtyard

**UTILIZING SYSTEMIC  
FRAMEWORKS IN  
ADDICTION COUNSELING**

*Brynn Cicippio, MA, LMFT, CAADC*

**THE ETHICAL  
CHALLENGES OF SOCIAL  
MEDIA AND VIRTUAL  
COUNSELING**

*Kathryn Coleman, MSW, LCSW, CAADC*

**REDEFINING AND  
RE-CENTERING  
DIVERSITY IN ALCOHOL  
AND DRUG COUNSELING**

*Lori Simons, PhD, CAADC*

**IS THE EVIDENCE-BASE  
REALLY IMPROVING  
PRACTICE?**

*Martha Thompson, PsyD, CAADC*

# A SPECIAL THANKS TO OUR EXHIBITORS

EXHIBITS OPEN | MONDAY 7:00AM-5:30PM | TUESDAY 7:30AM-11:00AM

## **ABSTINENT LIVING AT TURNING POINT AT WASHINGTON, INC.:**

Washington, PA

Halfway house for women recovering from drug and/or alcohol addiction.

## **ADDICTION TREATMENT SERVICES INTERNATIONAL:**

Galloway, NJ

Here at Addiction Treatment Services International (ATSI), we are able to assist those who are in need of immediate intervention. Our goal is to stabilize patients, so they can ultimately return back to their communities.

ATSI is a dual-diagnosis facility treating both substance abuse and mental health issues. In addition, we take a multidimensional approach to recovery. By offering various treatment options in our Partial Hospitalization (PHP) and our Intensive Out-Patient (IOP) programs, each individual and his or her family can work through past conflicts that have contributed to their substance use disorder and mental health issues. ATSI utilizes the American Society of Addiction Medicine criteria and is licensed by the Division of Mental Health and Addiction Services (DMHAS) as well as The Commission on Accreditation of Rehabilitation Facilities (CARF). Patients are treated by Ph.D and Masters level therapists as well as our Addiction Psychiatrist. At ATSI, clients receive an individual treatment plan based on their needs as well as individual sessions with his or her specific qualified therapist. Graduating clients are given comprehensive aftercare planning and may be transitioned into

supervised secure transitional living environments if required. Reach us by calling our Admissions department at 855-353-6740 or 609-498-6009.

## **ALKERMES: Waltham, MA**

Alkermes is a fully integrated biopharmaceutical company that applies its scientific expertise and technological know-how to develop innovative medicines designed to yield better therapeutic outcomes for patients with central nervous system (CNS) disorders, including addiction, schizophrenia and depression. For more information, please visit: [www.alkermes.com](http://www.alkermes.com)

## **ALVERNIA UNIVERSITY:**

Reading, PA

Alvernia University, a Franciscan institution built on the core values of caring, humility, peacemaking, contemplation, and collegiality, offers several academic programs that contribute to the development of professionals in the helping services. At the undergraduate level, the Behavioral Health Program provides a foundation for counselors interested in working with individuals with substance abuse and other co-occurring disorders. This comprehensive program provides an introduction to the helping services, theories of counseling, counseling skill development and a core of courses specific to the substance abuse treatment field. The Master of Arts in Clinical Counseling (MACC) program, accredited by the Council for Accreditation of Counseling and Education Related Programs, provides the opportunity for students to

seamlessly continue their academic careers. All faculty teaching in the MACC program have doctoral degrees in the helping services and are licensed practicing professionals. The MACC program curriculum has been specifically designed to meet the academic requirements for licensure in Pennsylvania as Professional Counselors. Some students choose to continue their academic careers by enrolling in the Ph.D. program in Leadership. While this degree is not specifically oriented to counseling, it is broad enough to provide the opportunity for students to conduct research in the counseling field.

## **ASHLEY ADDICTION TREATMENT:**

Havre de Grace, MD

Ashley Addiction Treatment is a non-profit Addiction Treatment Facility.

## **AVENUES RECOVERY CENTER: Jamison, PA**

Avenues Recovery Center is a drug and alcohol rehabilitation center, staffed with a team of expertly trained clinicians, licensed therapists, and doctors with extensive experience in co-occurring mental health and substance abuse disorders, trauma, and family services. Our goal is to improve the physical, mental, and emotional well-being of each client by using a wide range of evidence-based practices, implemented by our seasoned clinical team. Avenues Recovery Center consists of a variety of programs, including those designed to help men, women, those who are new to treatment,





and those in need of continued care. Avenues works with most insurance companies to cover the cost of all programs and provides each new applicant with a clear understanding of their financial responsibility prior to admission. Our exceptional Recovery Residence provides clients with optional Residential housing in a comfortable environment while remaining focused on clinical treatment- you will not experience better drug and alcohol addiction recovery anywhere!

### **BANYAN TREATMENT CENTER:** Pompano Beach, FL

Banyan Treatment Center is Joint Commissioned Accredited and stands as a leader in the treatment industry providing quality drug addiction and mental health services. With five locations across the country including Boston, MA, Chicago, IL, Boca Raton, FL, Pompano Beach, FL and Stuart, FL, Banyan provides a full continuum of care including medically managed detox, residential, partial hospitalization, outpatient and alumni services.

### **BEHAVIORAL WELLNESS AND RECOVERY OF PA, LLC:** West Chester, PA

Behavioral Wellness & Recovery (BWR) is a drug and alcohol treatment provider located in West Chester, PA. We utilize evidence-based practices to not just treat the individual, but the entire family unit. One of the hallmarks of our program is the use of Ecosystemic Structural Family Therapy (ESFT) which has been creating lasting recovery in our families lives. For more information please call 610-314-9984 or visit [www.bwrnetwork.com](http://www.bwrnetwork.com).

### **CALYX RECOVERY:** York, PA

At Calyx Recovery, we treat the primary brain disease of addiction. Our physicians, nurses and counselors are equipped to help those suffering from

addiction to drugs and alcohol to feel better fast, bring their condition into remission, and sustain ongoing recovery. As with other chronic and progressive illnesses, such as diabetes and asthma, addiction treatment must include helping patients understand the cause of their disease. The foundation of our programs include treating the source of addiction through both medication and counseling, educating patients on how to recognize and manage their symptoms. Calyx physicians follow American Society of Addiction Medicine Guidelines for withdrawal management and ongoing symptom suppression and mid-brain stabilization. The clinical team employs Cognitive Behavioral and Gestalt interventions on a Motivational Interviewing platform, which is consistent with the Substance Abuse & Mental Health Administration and National Institute on Drug Abuse Best Practice guidelines. Our drug and alcohol addiction model ensures patients are receiving evidence-based treatment applications that correlate with their cognitive stage in treatment. Our interest is to help facilitate progress, while developing and maintaining a therapeutic alliance with each person we treat.

### **CARON TREATMENT CENTERS:** Wernersville, PA

Caron Treatment Centers has been in business since 1957. We aim to transform lives impacted by addiction and substance use through proven, comprehensive and personalized behavioral healthcare solutions. We are dedicated to delivering evidence-based, gender-specific behavioral health and addiction programming, all while treating patients and families with the respect they deserve. United by compassion for every person who comes to us for help, we advocate for patients and families through personalized treatment and financial accessibility.

Above all, we strive to ease the pain of addiction by restoring health, hope, spirituality and relationships, ultimately preparing individuals and families for lifelong recovery.

### **CLEARBROOK TREATMENT CENTERS:** Wilkes Barre, PA

The mission of Clearbrook Treatment Centers' alcohol and drug rehabilitation programs is to help the alcohol/drug dependent person achieve two long-term goals: abstinence from all mood-altering chemicals and a new way of living, free from the mental obsession. The final realization of these long-term goals is a lifelong pursuit and the alcohol and drug rehabilitation program is viewed as only the beginning of what must be a continued effort to maintain the lifestyle conducive to remaining free from all mood-altering chemicals.

### **COLONIAL PARK IOP:** Harrisburg, PA

Our new Colonial Park IOP is now open in conjunction with Colonial Park House, our 23 bed Recovery Residences. Our Treatment services include a comprehensive Modern Recovery Program, including Cognitive, Dialectical, and Rational Therapy with a high emphasis on today's opiate addiction epidemic. Services include individual and group counseling, relapse prevention, trauma, 12-step, mindfulness and self – realization therapy. Our Colonial Park House offers the best in Men's Recovery Residences. We are NARR and PARR Certified, with a nice suburban location that provides all basic needs to create a comfortable living environment, including flat-screen TVs, WiFi, and free washers and dryers. For a high level of care or a safe sober living environment, Colonial Park House and our new Colonial Park IOP is an ideal solution. For any questions please contact us at (717) 991-4755.







# WHERE THERE IS TREATMENT THERE IS HOPE

Help your patients return to a healthier life filled with renewed **hope**.



## Recovery That Revolves Around You.

A recognized leader in comprehensive substance abuse services, Pinnacle Treatment Centers treat patients' physical, emotional, spiritual, and psychological well-being through services such as medical detox, inpatient, outpatient and transitional living programs. With locations across the Midwest and North Atlantic, we can help you provide your patients the help they need.

For more information call us at **800-782-1520** or visit [pinnacle-treatment.com](http://pinnacle-treatment.com)



### COMMUNITY CARE BEHAVIORAL HEALTH ORGANIZATION:

Pittsburgh, PA

Community Care Behavioral Health Organization is a non-profit and federally tax-exempt 501(c)(3) behavioral health managed care organization, headquartered in Pittsburgh, Pennsylvania, that is part of the UPMC Insurance Services Division. Our work focuses on publicly-funded behavioral health care services. We manage care for approximately 960,000 Medicaid recipients in 39 of 67 Pennsylvania counties. Our mission is to improve the health and well-being of the community through the promotion of effective, cost-efficient, and accessible behavioral health services. For more information, please visit [www.ccbh.com](http://www.ccbh.com).

### COUNSELING CENTER: Chalfont, PA

#### THE BENEFITS OF WHOLE FOOD BASED NUTRITION:

*Importance of a Healthy Diet*

The best way to reduce your risk of disease is to eat healthy. The right fuel in your body makes it run better. Fruits and vegetables are two key food groups known to contribute to better health. Juice Plus+ puts more of the valuable nutrition from fruits and vegetables back into your diet to improve health and wellness. Give yourself a better diet and a healthier lifestyle. Try Juice Plus+.

#### BRIDGE THE GAP:

*Add What's Missing From Your Diet*

We all know there is a gap between what we should eat and what we actually do eat. Juice Plus+ provides nutrition from fruits and vegetables, as well as grains, plants and algal oils, to help you

bridge the gap to a healthy lifestyle.

#### WHAT'S JUICE PLUS+ MADE FROM? *Farm Fresh Nutrition*

All of our blends contain a range of nutritionally dense whole foods. The freshness of an orange, the ripeness of a red tomato, and the juicy goodness of blackberries, all shrunk down into convenient, on-the-go solutions.

### DISCOVERY HOUSE: New Castle, PA

Discovery House CTC New Castle clinic was added to the long standing world-class Discovery House organization in 2008 and from the beginning shared its vision to offer quality care to persons struggling with opiate addiction. Our program is individualized and tailored to fit our patients specific needs. We strive to give our patients the best opportunity to begin their recovery and support them throughout their journey. We feel





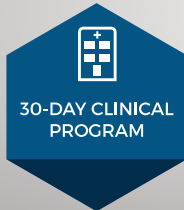
# PENNSYLVANIA ADULT & TEEN CHALLENGE

DRUG AND ALCOHOL REHABILITATION TREATMENT CENTER

Bringing Wholeness to the Hopeless



MEDICAL  
DETOX



30-DAY CLINICAL  
PROGRAM



RESIDENTIAL  
FAITH-BASED  
PROGRAM

PA ADULT & TEEN CHALLENGE PROVIDES CARE TO OLDER TEENS (18+) AND ADULTS STRUGGLING WITH LIFE-CONTROLLING ADDICTIONS.

CLINICAL & HOLISTIC CARE

PAATC is nationally accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF)

PAATC.ORG



meeting our patients where they are and guiding them to achieve their goals is key to patient success. We believe you need to treat the whole patient and connect them to services for their other medical and mental health needs is crucial for sustained recovery. Our services include Methadone medication, counseling and group sessions, clinical support and medical services. We offer walk-in intakes Monday through Friday from 5 am to 12 pm and if you know someone who could benefit from treatment at our clinic, we welcome your referral.

## EAGLEVILLE HOSPITAL:

Eagleville, PA

Eagleville Hospital is a 305-bed, non-profit addictions and behavioral health treatment and educational organization. Eagleville is the only area hospital to offer levels of care ranging from acute psychiatric hospitalization to specialty hospitalization to residential care for treating addiction, co-occurring, and mental health disorders. We staff physicians, nurses, and psychiatrists, who, along with therapists, social workers and addictions counselors, provide premium, integrated care customized to adults of all ages who want to thrive. When a patient has both mental health issues, including acute

psychiatric disorders, and substance use disorders, we treat all issues simultaneously. We provide a complete spectrum of integrated care options, 24/7. Older Adult Behavioral Health Program : For patients aged 50 and older who have a psychiatric disorder, we offer an Older Adult Behavioral Health unit. For these patients, who have a primary diagnosis of a psychiatric disorder, the goal is to stabilize them and return them to their optimal level of functioning outside the hospital. If a patient is also misusing substances, the patient may go through detoxification and be prepared for the next phase of treatment in one of the addiction programs. We provide round-the-clock nursing and highly focused, integrated care for the patients in this secure unit. This program offers daily counseling, activities, and social work services. It is led by a psychiatrist, who meets daily with the patients.

## FAIRMOUNT BEHAVIORAL HEALTH SYSTEM:

Philadelphia, PA

Located on a beautiful 27-acre wooded campus, Fairmount Behavioral Health System is the largest freestanding behavioral health hospital in Southeastern Pennsylvania. Fairmount is a private 239-bed behavioral health

facility that specializes in treatment for children, adolescents and adults. The spacious campus bordering Fairmount Park in the Roxborough section of Philadelphia is a peaceful setting for patients and families. Fairmount Behavioral Health System provides inpatient services to children, ages 5-10 years of age; young adolescents, ages 10-12 years of age; and gender-specific adolescent programming for ages 13-17 years of age. Fairmount Behavioral Health System has expanded our child/adolescent services which now includes specialized programming for adolescent girls, and a short-term Acute Partial Hospitalization Program for Adolescents. Our size allows us to provide specialized inpatient programming based upon clinical profile and functioning level and we now specialize in Trauma-Informed Women's Treatment. We also offer a separately licensed drug/alcohol program providing detoxification (opiates, alcohol, benzodiazepines) and rehabilitation services using Subutex and Vivitrol. We offer a unique continuum of care for individuals with co-occurring psychiatric and chemical dependency needs which includes a screening and continuity of care visit by a member of our Chemical Dependency Clinical Leadership as well as a bed hold on the CD Program.





### **FIRETREE LTD.:** Williamsport, PA

Firetree, Ltd.'s Conewago Family of Treatment Programs offers a range of programs addressing the needs of chemically addicted individuals. Programs for men and women 18 and older include: Conewago Place, Conewago Pottsville, Conewago Snyder, Conewago Indiana and New Way of Life Men's Halfway House. Our mission statement, "Together Building a New Way of Life," is exemplified by our progressive programs and our dedicated professional staff. We work as a team with our clients to help them change their thinking and behavior in order to maintain their sobriety. We believe that change is possible but will only take place through acceptance of personal responsibility and accountability.

### **GATE HOUSE: Lancaster, PA**

Founded in 1972 and located in Lancaster County, PA, The Gate House is a non-profit organization providing treatment programs licensed by the Commonwealth of Pennsylvania to provide residential and outpatient drug and alcohol treatment services. The Gate House currently offers two gender specific community-based treatment facilities (Gate House for Men & Gate House for Women) designed to offer extended time in treatment to individuals who have completed a primary detoxification/rehabilitation stay. In addition, Gate House Behavioral Health Services (GHBHS) provides substance abuse outpatient and intensive outpatient counseling services in the city of Lancaster. Finally, The Gate House manages and oversees REI (Recovery Environment Inc.) which offers residency for individuals who are in need of additional structured recovery housing. Currently, REI offers six gender specific recovery houses throughout Lancaster County.

### **GAUDENZIA INC.:** Norristown, PA

Gaudenzia has been helping people help themselves since 1968, and is the largest non-profit provider of substance abuse treatment services in Pennsylvania. Over the years program development has expanded from the Commonwealth of Pennsylvania to the states of Maryland and Delaware. Gaudenzia, Inc. provides prevention; intervention; transitional housing; non-hospital detoxification; non-hospital detoxification for women only; halfway houses for men; halfway houses for women and women with children; residential inpatient to chemically dependent adults, adults with co-occurring disorders, children, pregnant and single women, women and their children, and adolescents, HIV/AIDS outreach, Latino outpatient program, outpatient and intensive outpatient treatment services. For more information call: 717 497-7402 (Central Region) or 215 806-5342 (Eastern Region) 814- 459 -4775 (Erie, Pittsburgh Area). For non-hospital detoxification services call Common Ground at 888- 237-8984 or, Lower Bucks Program at 267 405-6530.

### **GAUDENZIA TRAINING INSTITUTE: Philadelphia, PA**

The Gaudenzia Training Institute, operating since 1990, has a mission to educate the public about chemical dependency and related conditions. Thus, the goals of our training institute are: to enhance the services provided to the chemically dependent and/or co-occurring diagnosed individual through on-going education for treatment providers; to share with the treatment community Gaudenzia's knowledge and skills based on over 48 years of service for the chemically dependent, women and children, and/or co-occurring diagnosed persons; to assist drug and alcohol treatment professionals in obtaining state honored education;

and to make a contribution towards upholding the standards of treatment, through on-going education of treatment professionals. For more information contact: Samantha Fox, Administrative Coordinator, at Gaudenzia Training Institute, 106 W. Main St., Norristown, PA 19401, 610-239-9600 ext. 1044 (work), (610) 239-9324 (fax) or safox@gaudenzia.org.

### **GEARTY AND SKILES COUNSELING: Lancaster, PA**

Gearty & Skiles Counseling, formerly known as H.S.A. Counseling, Inc. began providing outpatient counseling services in 1983. On July 1, 2016, Justin Gearty and Robin Skiles acquired H.S.A. Counseling and began doing business as Gearty & Skiles Counseling. Located in Lancaster county, our two offices provide substance use evaluations, outpatient counseling (individual and group), intensive outpatient, and partial hospital programs as well as Vivitrol and Suboxone treatment. Specialty groups such as Faith-based, gender specific and DUI are also available. Our offices are conveniently located in downtown Lancaster, PA and Ephrata, PA.

### **HIGHLAND HOUSE: New Castle, PA**

Highland House is a state licensed, CARF accredited program. This residential facility is designed for adult women who have completed short-term drug/alcohol rehabilitation programs and who are making the transition to a new environment, or who are planning to reenter an old environment that is not immediately available or advisable. The residential stay of the program is three to six months. We offer therapeutic support services for women in recovery who are seeking an environment which fosters individual discovery and growth, supports a collective well being and shares a sense of experience, strength and hope.





**INCASE: Lords Valley, PA**  
International Coalition of Addiction Studies Educators (INCASE) is an organization of college/university educators in the addiction studies field. Its mission is to encourage the establishment of college curricula in addiction studies both nationally and abroad and to support efforts to protect and enhance the professionalism of those who are engaged in addiction treatment, research and prevention. INCASE works in collaboration with: The National Addiction Studies Accreditation Commission (NASAC), an academic accreditation organization for higher education addiction studies programs. This is the only body accrediting the quality and scope of addiction studies in colleges and universities in the country.

**JOURNEYS OF LIFE: Pittsburgh, PA**  
Journeys of Life, Pittsburgh's premiere independent shop for books, gifts, and music was created by Jean Haller in 1989 to provide the community with the resources and inspiration to explore mental health, recovery and life issues, spirituality, personal growth and alternatives necessary to all who travel this Journey called Life. Journeys of Life also provides books, gifts, and other resources for professional conferences throughout the tri-state area. Their exhibit is a favorite wherever they go. Do not miss seeing this full-service conference bookstore. Cash, check, credit card and purchase orders accepted on site.

**LAKEVIEW HEALTH: Jacksonville, FL**  
Lakeview Health is a licensed and Joint Commission accredited drug and alcohol rehab center in Jacksonville, Florida. Our 10+ acre gender-responsive campus includes our women's facility, the Rose of Lakeview, our men's facility, the Star

of Lakeview, a 10,000 square ft. wellness center, and a conference center that is used for our 3-day family workshops. We offer a continuum of care that spans medically monitored detox, inpatient rehab, residential treatment, partial hospitalization, intensive outpatient, and aftercare. Our multidisciplinary staff uses an integrative health approach that addresses the mind, body, and spirit. In addition to being gender-responsive, our dual-diagnosis treatment is able to help individuals work through their addiction and co-occurring issues such as chronic pain, trauma, depression, anxiety, PTSD, and more. You can learn more about how Lakeview Health can help you or your loved one by visiting [www.lakeviewhealth.com](http://www.lakeviewhealth.com) or call us at 888-746-1814.

**MEANINGFUL TRAININGS: Elmira, NY**  
MTLogistics is a Learning Management System (LMS) that provides multiple professional designation CE tracking, delivers customized learning in a variety of formats and facilitates skills development collaboration opportunities. Built on the Adobe software platform, MTLogistics offers addiction treatment and recovery & wellness organizations a turn-key solution for management and oversight of their employees' professional certifications, supporting skills development and core competencies. Designed specifically for organizations that employ multiple professional and/or accredited designations, the Meaningful Trainings MTLogistics LMS customizes to organizational size, mission and resources. It combines a variety of experiential learning formats and digital delivery environments delivered via the dynamics of a fully developed LMS. Built on the Adobe Captivate Prime platform by dedicated curriculum designers and professional facilitators, the MTLogistics LMS delivers a logistical

and learning value often unavailable as a stand-alone investment. Visit our booth at the PCB conference April 30-May 1st, 2018 for a hands-on demonstration and to learn how MTLogistics can support your mission and those you serve.

**MIRMONT TREATMENT CENTER: Lima, PA**  
For over 25 years, Mirmont has helped thousands of people and their families who suffer from substance use disorders begin the journey of recovery from alcoholism and drug dependency. Mirmont offers the full continuum of inpatient and outpatient programs and services for adults 18 and older. We provide a holistic, compassionate approach to 12-step recovery. Program components include: treatment for chronic pain, first responder treatment (VIPER), trauma group provided by a trauma competent clinical team and Gorski-Model Chronic Relapse Syndrome treatment.

**PA ADULT & TEEN CHALLENGE: Rehrersburg, PA**  
Pennsylvania Adult & Teen Challenge is a leading drug and alcohol addiction rehabilitation treatment center that provides highly specialized treatment by offering a medically-monitored inpatient detoxification, 30-day inpatient clinical program for short-term rehabilitation, and a long-term residential faith-based program. Pennsylvania Adult & Teen Challenge provides an effective and comprehensive continuum of treatment services of care to older teens (18+) and adults struggling with life controlling addictions. This flexible continuum of care focuses on the medical, psychological/psychiatric, clinical, physical and spiritual aspects of one's recovery. Additionally, Pennsylvania Adult & Teen Challenge provides 24/7 admissions and courtesy transportation. Our programming also includes a





family treatment component for those in our care, providing recovery and restoration for the entire family system. Our approach merges medical and holistic care, providing a range of therapeutic techniques to nurture the whole person-body, mind and spirit. This comprehensive addiction treatment helps patients and their families reinforce recovery skills needed to lead fulfilling lives. For more information, visit our website at PAATC.org

### **PINNACLE TREATMENT:**

Mt. Laurel, NJ

Pinnacle Treatment Centers Network is a recognized leader in comprehensive substance use services. All locations—Indiana, Kentucky, New Jersey, Michigan, Minnesota, Ohio, Pennsylvania, and Virginia—are CARF accredited and include credentialed physicians, nurses, clinicians, administrative and support staff. A full continuum of quality care includes detoxification for residential and outpatient clients as well as transitional living programs. We treat the individual's physical, emotional, spiritual, and psychological well-being. Because we put our patients' recovery first, Pinnacle Treatment Centers is committed to doing whatever it takes to help them on their journey toward healthier, happier lives. We innovate, trying new tools and treatments and we partner with regulators and payers to ensure both patients and communities have the services they need.

#### **WE ARE:**

- Headquartered in Mt. Laurel, NJ
- Largest Opioid Treatment Program (OTP) group in PA
- Largest Medication-Assisted Treatment (MAT) program in NJ
- Leading in-network provider of residential services in NJ
- Largest OTP provider in NJ.

#### **WE PROVIDE:**

- Outpatient Opioid Treatment Programs (OTP)
- Inpatient Residential Treatment Centers (RTC)
- Detoxification: Medically monitored inpatient service; Non-hospital based, short-term care; 24/7
- Inpatient rehabilitation: Medically monitored service with 24 hours per day activity regimens that address addiction and living skills problems
- Long-term residential treatment: 24/7 program designed to foster recovery skills and community re-integration
- Partial Hospitalization (PHP): Broad array of clinically intensive services provided in a structured outpatient environment
- Intensive Outpatient Care (IOP): Range of treatment that is provided on a weekly basis; less intensive service than partial and residential treatment
- Medication-Assisted Treatment (MAT), including Methadone, Suboxone, and Vivitrol
- Individual, family, marital, and group counseling
- Physical exams and lab work

### **POWER: Pittsburgh, PA**

POWER offers a full range of gender-responsive, trauma informed treatment and support services to women who are experiencing problems with alcohol and other drugs. Our unique continuum of care is designed to reflect the lives of women. Programming addresses issues like stigma, violence and abuse, physical and mental health, parenting, relationships, and self-esteem — all within a woman-centered framework. POWER's focus is on client strengths and we believe that empowering women leads to lives worth living, healthy families, and strong communities.

### **PRO-A: Harrisburg, PA**

Celebrating 20 years of service to the recovery community across PA, Pennsylvania Recovery Organizations Alliance (PRO•A) is the statewide non-profit, 501(c)(3) grassroots advocacy organization dedicated to supporting individuals in recovery and educating the public on addiction and recovery. PRO•A provides no direct treatment or recovery support services, which uniquely qualifies PRO•A to carry out our mission statewide, free from real or perceived role conflicts in relation to our drug and alcohol service delivery system.

### **PYRAMID HEALTHCARE, INC.: Cranberry Twp., PA**

Pyramid Healthcare is a premier provider of behavioral healthcare founded in 1999 and headquartered in Altoona, PA. Pyramid Healthcare operates over 80 treatment facilities and schools in Pennsylvania, New Jersey, and North Carolina, offering a full continuum of mental health services and recovery and eating disorder treatment programs for teens and adults. Its facilities are accredited by the Joint Commission or CARF and staffed by licensed and qualified professionals.

### **RECOVERY CENTERS OF AMERICA:**

King of Prussia, PA

**ABOUT RECOVERY CENTERS OF AMERICA** Our mission is to save 1,000,000 lives—one neighborhood at a time. Providing detoxification, residential, and outpatient treatment services, our integrative approach not only focuses on the primary addiction, but also confronts a wide spectrum of issues that commonly co-occur with addiction, addressing all barriers to recovery. To meet the individual needs of our patients, we offer individualized clinical curriculum specifically for young men, young women, licensed healthcare





professionals, and first responders such as police officers, fire fighters, and EMTs. Treatment includes a wide range of interactive educational seminars and group activities including: stress reduction, anger management, motivation to change, grief and loss, gender specific, stages of change, relapse prevention, trauma informed care, leadership training, mindfulness skills, creative arts therapies, 12-Step facilitation, family education and therapy, fitness, and wellness. By treating the whole person, our team helps patients and their families move on to a life of meaningful recovery.

### **RETREAT PREMIER ADDICTION TREATMENT CENTERS:** Ephrata, PA

Retreat Premier Addiction Treatment Centers offers addiction services from medically monitored detox to outpatient rehabilitation, providing a full continuum of care. We work with most commercial insurers, offer 24/7 admissions and complimentary transportation. We have locations in Lancaster County, PA and Palm Beach County, FL. At Retreat, we pride ourselves in providing a compassionate and spiritual environment for those struggling with addiction in a secure and comfortable setting with dedicated and caring staff.

### **ROXBURY TREATMENT CENTER:** Shippensburg, PA

Roxbury is located in Shippensburg, Pennsylvania and provides inpatient substance use disorder treatment for adults and inpatient psychiatric treatment for adults and adolescents ages 13-17. We also have two outpatient substance use disorder locations in Chambersburg and Carlisle offering Intensive Outpatient, Outpatient Group, Individual Counseling, and Assessments. All of our programs

focus on the treatment of co-occurring disorders and are patient/client centered. Roxbury is also contracted and in-network with most commercial insurances, PA Medicaid, and we are the only TRICARE® certified inpatient program for substance abuse in Pennsylvania which serves the United States military, their families, and veterans.

### **SAFE HAVEN TREATMENT SERVICES:** York, PA

Safe Haven Treatment Services provides substance abuse therapy services through proven evidence-based treatment modalities. Safe Haven provides a continuum of care for those struggling with the disease of addiction. We provide cognitive behavioral therapy in conjunction with a 12 Step model by employing knowledgeable highly trained behavioral therapists who will identify and address individual patient needs in a safe and supportive environment. Safe Haven Treatment Services helps those afflicted with the disease of addiction build the foundation needed for a productive life in long term recovery.

### **SEABROOK HOUSE:** Bridgeton, NJ:

Seabrook is a renowned non-profit, CARF-accredited, alcohol and drug addiction, and co-occurring disorder treatment provider. Founded in 1974 by Jerry and Peg Diehl to help families recover, Seabrook has grown to include multiple locations providing a variety of evidence-based treatment options. Specialty programs include opiate detox, prescription medication and opiate addiction treatment, men's and women's extended care, family treatment, and Medication Assisted Treatment (MAT). Our board-certified, multi-disciplined medical team oversees all treatment programs.

### **SERENITY AT SUMMIT:** Princeton Junction, NJ

Serenity at Summit offers intensive outpatient (IOP), partial hospitalization (PHP), and residential detox for substance abuse treatment that is tailored to each individual's needs. In addition, we offer mental health services which include a multidisciplinary approach that involves a collaborative team of clinical, medical, and nutritional providers. By blending some of the best clinical practices and evidence-based strategies available, Summit Behavioral Health's programs treat both addiction and its underlying causes. Serenity at Summit provides a solid foundation for recovery and improves the overall quality of life for individuals with alcohol and substance abuse and related mental health problems. We utilize an integrative treatment approach that incorporates:

- A state-of-the-art residential detox in New England and New Jersey
- Holistic, Clinical and Medical services for recovery enhancement
- Personalized treatment plans based on a comprehensive assessment
- Individual treatment options with multiple levels of care and flexible hours.

### **STEPS TO RECOVERY:** Levittown, PA

At Steps to Recovery, we take pride in our ability to offer addiction help to each client by creating an individualized treatment plan. We evaluate all aspects of a person's condition when developing a treatment plan in order to give our clients the best possible opportunity for long-term recovery. Our top-rated addiction treatment facilities offer a full continuum of care, including detox, inpatient treatment, partial hospitalization, outpatient, and aftercare services.





### **THE ACADEMY SCHOOLS:**

Herman, PA

The Summit Academy and New Outlook Academy's adolescent, inpatient, non-hospital, residential drug and alcohol programs are licensed by the Department of Drug and Alcohol Programs and Accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF).

The approach to treatment is a multi-dimensional, tailor-made approach, specifically designed to meet the individual needs of the client. Each client is expected to complete a four-step treatment program to help with recovery. Various treatment models utilized in the program are: Cognitive Behavioral Therapy (CBT), the chronic disease model, 12-Step Approach, Motivational Interviewing, Trauma Informed Care, education lectures and Multi-family group session.

### **TREATMENT TRENDS, INC.:**

Allentown, PA

Treatment Trends, Inc. is a private, non-profit with programs that address addiction, crime, and violence. These programs include: Keenan House – a residential therapeutic community for adult, addiction treatment offering vocational training, GED, computer, and culinary arts education; Confront – an outpatient and intensive outpatient adult and adolescent treatment services for addiction, co-occurring disorders,

victims of sexual abuse, and non-offending parents; Halfway Home of the Lehigh Valley – addiction and co-occurring disorders treatment for adults; Treatment Continuum Alternative Project – an alternative to prison project with assessment/case management in Northampton and Lehigh Counties; Richard S. Csandl Recovery House; Treatment Trends Training Institute.

### **TW PONESSA & ASSOCIATES COUNSELING SERVICES, INC.:**

Lancaster, PA

Since 1991, T.W. Ponessa & Associates Counseling Services, Inc. has set the bar in the field by being recognized and respected as a premier mental health agency. We provide effective treatment services to children, adolescents, and adults throughout South Central and Southeastern Pennsylvania. The practice has developed programs and services to include: Mental Health Outpatient Services, School-Based Mental Health Outpatient Services, Behavioral Health Rehabilitation Services, Drug and Alcohol Outpatient Services, Psychiatric Evaluations, Medication Management, and a Child/Adolescent Acute Partial Hospital Program. T.W. Ponessa & Associates is a DDAP and DHS licensed outpatient facility, that has been recognized as an Opioid Center of Excellence for Lancaster county.

### **WHITE DEER RUN TREATMENT NETWORK:**

Allenwood, PA

The White Deer Run Treatment Network includes 16 centers throughout Pennsylvania where adults can receive an array of life-changing treatment services for chemical dependency and certain co-occurring mental health conditions. The services offered at the various White Deer Run programs include detoxification, residential rehabilitation, partial hospitalization programs (PHP), intensive outpatient programs (IOP), traditional outpatient programs (OP), and continuing care planning. The network also includes two halfway houses, one for men and one for women, where individuals who have completed residential rehabilitation can benefit from a structured step-down level of care that is designed to support their successful transition out of treatment and into the workforce. The White Deer Run Treatment Network is dedicated to ensuring that each person is treated as an individual, receives a treatment plan tailored to their specific needs, and is provided with the skills and support that are necessary to successfully live a full and rewarding lifestyle, free from chemical dependency.

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# CONFERENCE ETIQUETTE

It is difficult to maintain room temperatures that are comfortable for all participants and conference attendees should be aware that room temperatures will vary throughout the hotel. A light sweater or jacket is helpful when room temperatures become too cool.

Food and beverages for the conference have been chosen in such a way as to satisfy typical eating patterns and habits while staying away from food and drinks that tend to be less appealing to larger groups of people. Please understand that it is difficult to serve foods to the liking of all. We hope you enjoy the choices selected.

Participants are asked to turn off cell phones and other electronic devices when attending presentations or to change them to a silent signal if necessary. Please step outside of the training room when responding to a page or a call.

All workshops, meetings, meal functions, and exhibit areas are smoke free. Please check with the hotel for designated smoking areas.

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*Eden Resort and Suites, Lancaster PA*

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## CONTINUING EDUCATION

*PCB and Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors  
approves 10 total hours for attendance at the entire conference.*