

# **PCB Annual Conference: Request for Presentations**

Submission Deadline: September 30, 2018

In 2019, PCB's Conference will be extra special as we celebrate the 40<sup>th</sup> Anniversary of PCB for two full days. We invite you to share your expertise and passion for the field with the hundreds of other behavioral health professionals who will be in attendance.

PCB encourages training submissions that are tailored to intermediate and advanced professionals with special consideration given to content that is evidence-based and cutting edge or offers a new approach to the tried and true.

The conference audience is composed of a wide variety of skill sets and education backgrounds including individuals with varying levels of degrees, and addiction, mental health and family peer providers. We host clinicians, social workers, administrators, supervisors, and psychology and psychiatric professionals as well as professionals from the criminal justice system.

The majority of those who attend have been in the field for 10+ years and are conversant and trained in a host of counseling and treatment strategies. When crafting your training proposal - consider creating the presentation you would most like to experience yourself. We discourage presentations that are developed to advertise or market a specific treatment center's approach. We encourage presentations that may refer to a specific approach, but disseminate the approach as it is contextually appropriate to the other evidence-based methods practiced.

Take advantage of this opportunity to share your talent, expertise and passion with colleagues and interested professionals at PCB's Annual Conference.

For more information or questions, contact Deborah Haas, MS Ed., Director of Training and Education at (717) 540-4455 ext. 106 or <a href="mailto:dhaas@pacertboard.org">dhaas@pacertboard.org</a>.

## PCB TRAINING PROPOSAL INFORMATION

**PREPARING TO WRITE AN EFFECTIVE CONFERENCE TRAINING PROPOSAL** The primary purpose of a training proposal is to briefly describe the content and methods of instruction to your intended audience. A carefully crafted proposal will convey the most relevant elements of the training to those whom will most benefit from the training and offer a clear description of what they can expect if they attend.

**KEEP IT SHORT**. The proposal should be between 250 to 300 words. The proposal should be written as only one paragraph with no indentation. To succinctly describe your training, you will need to determine which elements are the most important. Structure the proposal in the same order as the proposed training. Begin with a summary of the training, and then continue with a summary of the goals and learning objectives and how these will be presented.

## TRAINING TOPIC SUGGESTIONS

### **Recovery/Peer Specialists**

- What is my role in treatment?
- MH/SUD Peers and Acceptance of a variety of views and experiences
- Peers: working together- MH/SUD

## **Treatment Approaches**

- EMDR and Tapping
- Acceptance and Commitment Therapy (ACT)
- Contextual Family Therapy.
- Functional Family Therapy
- Couples Counseling
- Nutritional Interventions for SUD/MH
- Harm Reduction Tools and Techniques
- Harm Reduction in the Era of the Opioid Epidemic
- Trauma, SUD and Veterans
- Strategies for better individual and group therapy experiences
- Mindfulness and holistic approaches to MH/SUD
- CBT in action

#### **Substances of Abuse**

- Alternative approaches to Opioid Dependence
- Drug Trends
- The changing face of Marijuana...What does it mean
- Medical Marijuana- What do we really know
- Opioid Epidemic and innovations in the Criminal Justice approach to those addicted- Is there hope?
- The complexities of medical marijuana for those with SUD
- Pain Management for SUD Patients
- Opioid Abuse across the lifespansimilarities and differences in age groups and how that effects treatment strategies

#### **Treatment Topics**

- MH and SUD Prevention in youth and the elderly
- Grief and Loss
- Treatment challenges with Older Adults
- Treatment: Family Issues and Answers
- Working with challenging families
- Adolescents
- The bridge between Prevention and Treatment
- Suicide Prevention Treatment options in Rural areas
- MAT
- Alternatives to MAT with promise
- Psychedelics, new treatment or continuing problem

## **Special Topics**

- Clinical Supervision
- Complex Crisis Intervention
- ASAM
- In depth look at the pros and cons of 12 step alternatives
- Ethics
- Gender Bias in Treatment
- Gambling
- Sex and Addiction
- Is the victim role helpful or hurtful in treatment
- Functional Medicine and Treatment
- Advocacy in drug court setting
- Models of Intervention-
- Bio-Psychosocial model- too much emphasis on the bio?
- Professional characteristics- So who's the expert here?
- Improving service delivery for everyone and special populations
- For the Professional- Time and Stress Management
- Psychotropic medications
- Therapeutic Communities

# PCB ANNUAL CONFERENCE: APPLICATION TO PRESENT April 15-16, 2019

PCB encourages presenters to submit trainings that present an intermediate or advanced treatment of the topic and content that can be presented and adapted to both 2 or 3-hour time frames.

### Please print ALL information clearly.

Presentation Title:			
Level of Training:		□ Intermediate	□ Advanced
Topic Areas:	□ Clinical Issues □ Co-Occurring □ Criminal/Juvenile Justice □ Prevention □ Secondary addictions □ Diverse Populations □ Family Issues □ Research to Practice □ Medication Assisted Treatment □ Peer/Recovery Specialist □ Other		
<b>Description of Presentation:</b> Attach a summary of the presentation including primary goals and objectives, bibliography (3-5 sources), at least two professional references (include name and contact information) who are aware of your presentation skills, and a recent CV or Resume.			
Primary Presenter:			
Name:			Degrees/Credentials:
Title:			Employer:
Address:			
Cell Phone:		Email:	

\*If co-presenting, please provide contact information above for all co-presenters on a separate page.

**Selection Process:** Applications will be judged on originality, perceived interest and need, quality of submission, objectives and references. An effort to balance the conference program will also be a consideration in the selection process. *Incomplete submissions will not be considered. Please carefully review the instructions prior to submission.* 

PCB will waive the conference registration fee for each presenter chosen. Presenters are responsible for all the materials needed for the presentation, e.g., PowerPoint, handouts or visual materials of any kind as well as any travel/lodging for presenting.

**Deadline for completed applications is September 30, 2018**. Notifications will be sent by **November 15, 2018** to all who submit.

Completed applications and attachments should be emailed to <a href="mailto:dhaas@pacertboard.org">dhaas@pacertboard.org</a> or faxed to 717.540.4458. For questions, email <a href="mailto:dhaas@pacertboard.org">dhaas@pacertboard.org</a> or call (717) 540-4455, ext. 106.