

PCB newsletter

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PCB CELEBRATES NATIONAL RECOVERY MONTH

On September 24, PCB sponsored the first Central Pennsylvania screening of the documentary film **THE ANONYMOUS PEOPLE**. The Midtown Theatre in Harrisburg was filled to capacity with local treatment and prevention professionals, people in recovery, and family members.

The film is a feature documentary about the 23.5 million Americans living in long-term recovery from alcohol and other drug addiction. Deeply entrenched social stigma and mass participation in widely successful anonymous 12-step groups have kept recovery voices silent and faces hidden for decades.

The vacuum created by this silence has been filled by sensational mass media depictions of addiction that continue to perpetuate a lurid public fascination with the dysfunctional side of what is a preventable and treatable health condition. Just like women with breast cancer, or people with HIV/AIDS, courageous addiction recovery advocates are starting to come out of the shadows to tell their true stories. The moving story of The Anonymous People is told through the faces and voices of the leaders, volunteers, corporate executives, and celebrities who are laying it all on the line to save the lives of others just like them. This passionate new public recovery movement is fueling a changing conversation that aims to transform public opinion

and finally shift problematic policy toward lasting recovery solutions.

PCB will be showing **THE ANONYMOUS PEOPLE** again in April 2014 at the PCB Annual Conference followed by a panel discussion. Plan to join us! |



Pictured from left to right: Kim Bowman, Gaudenzia, Mike Harle, Pro-A, Terri Wray, PCB, Kristen McLaughlin, IC&RC, Kali Tennis, Secretary Gary Tennis, DDAP, Deb Haas, PCB

THE ANONYMOUS



RECOVERY IS OUT - TO CHANGE THE ADDICTION CONVERSATION FROM - PROBLEMS TO SOLUTIONS

PCB CODE OF ETHICAL CONDUCT CHANGES

The Pennsylvania Certification Board updates their Code of Ethical Conduct periodically. Recent changes were made effective June 2013. These changes include the following:

Added to the Preamble: ***Transparency or being visible about your professional behavior is paramount to maintaining the high standards set by PCB's code of ethical conduct and that is expected of certified professionals. Transparency is not an ethical principle in itself but a pro-ethical condition. Transparency is about information and it embodies honesty and open communication. You must be willing to share information when it is uncomfortable to do so. Transparency is an individual being honest with him/herself about the actions they are taking. It means keeping your actions aboveboard. A commitment to transparency demonstrates to the community, the agency, and the client that there is nothing to hide.***

Added to the Sexual Misconduct category is the word "ROMANTIC" so the category is now referred to as "Romantic/Sexual Misconduct." Changes to this category are highlighted below in italics.

Rule 2.1: A certified professional shall, under no circumstances, engage in ***romantic***/sexual activities or ***romantic***/sexual contact with clients, whether such contact is consensual or forced.

Rule 2.2: A certified professional shall not engage in ***romantic***/sexual activities or ***romantic***/sexual contact with clients' relatives or other individuals with whom clients maintain a close personal relationship when there is a risk of exploitation or potential harm to the client.

*Discussion: **Romantic**/sexual activities or **romantic**/sexual contact with clients' relatives or other individuals with whom clients maintain a personal relationship has the potential to be harmful to the client and may make it difficult for the certified professional and client to maintain appropriate professional boundaries. Certified professionals, not their clients, their clients' relatives, or other individuals with whom the client maintains a personal relationship, assume the full burden of setting clear, appropriate, and culturally sensitive boundaries. **Romantic activities are oftentimes non-sexual in nature and may include emotional attraction toward another person such as love, intimacy, compassion, appreciation and affinity.***

Rule 2.3: A certified professional shall not engage in ***romantic***/sexual activities or ***romantic***/sexual contact with former clients because of the potential harm to the client.

Rule 2.4: A certified professional shall not provide clinical services to individuals with whom they have had a prior ***romantic***/sexual relationship.

*Discussion: Providing clinical services to a former **romantic**/sexual partner has the potential to be harmful to the individual and is likely to make it difficult for the certified professional and individual to maintain appropriate professional boundaries.*

Added to the Exploitation of Clients category are the words "DUAL RELATIONSHIPS" so the category is now referred to as "Dual Relationships/Exploitation of Clients." Changes to this category are highlighted below in italics.

Rule 4.1: A certified professional shall not develop, implement, or maintain ***dual***/exploitative relationships with clients and/or family members of clients. |

PENNSYLVANIA CERTIFICATION BOARD

298 S. Progress Avenue | Harrisburg, PA 17109

717-540-4455 phone | 717-540-4458 fax

info@pacertboard.org | www.pacertboard.org

PCB CERTIFIED ALCOHOL AND DRUG COUNSELORS PARTICIPATE IN JOB ANALYSIS UPDATE

Marcelle Giovannetti, CADC, Intensive Outpatient Drug and Alcohol Counselor with Roxbury Treatment Center and Matthew Shoener, CADC, Therapist with BI Incorporated/Luzerne County Day Reporting Center were selected to participate in a Job Analysis (JA) update for IC&RC's Alcohol and Drug Counselor credential. The two-day JA update took place in August at the headquarters of IC&RC's testing company, Schroeder Measurement Technologies, in Florida.

Matthew's impression of his experience is as follows: "I can't tell you how much of an honor and a pleasure it was to represent Pennsylvania in the JA process with Marcelle. The process was intense and exciting, and I was able to meet with some of the best counselors in the field to discuss the future of substance use treatment. I believe the field has some exciting changes in store for the near future as we learn to better incorporate evidence-based practices, medically assisted treatment, and brain imaging technology to help clients address their drug and alcohol and mental health issues concurrently. If there is ever anything I can do for PCB to help improve the quality of care in the field (or in any other capacity), please let me know. I am extremely passionate about helping addiction counseling evolve into a science and am eager to help in any way possible!"

Marcelle's comments about her experience include "It was such an honor to participate in this experience. I cannot fully express how profoundly this has helped me grow professionally and personally. I was truly humbled by the amount of wisdom within our group and learned a great deal from all the participants. I also feel proud to be certified by a board that works collaboratively with an entity like IC&RC that put forth a lot of time and effort to compile a team that was so rich in diversity to handle the important task of updating the alcohol and drug counselor job analysis. It was truly an enriching experience for me and I am so very thankful for the opportunity to have been part of it."

Congratulations Marcelle and Matthew and thank you for your participation. |

AD RATES

The rates to advertise in the PCB Newsletter are:

\$600/year (2 issues) full page ad, or \$450 per issue
\$400/year (2 issues) half page ad, or \$250 per issue

Ads must be submitted in electronic format only (PDF, JPG, TIFF, PNG are all acceptable), colored ads preferred.

PCB's online Newsletter is sent to over 3,000 recipients twice a year! For more information, email info@pacertboard.org.

ARE YOU ON YOUR COUNTY'S DCORT TEAM?

Don't miss out on your opportunity to receive your **free** certification!

CERTIFIED DISASTER CRISIS OUTREACH AND REFERRAL PROFESSIONAL

This certification recognizes that you have met a professional certification standard and helps other emergency responders recognize you during deployments. Professionals who apply and receive the CDCORP certification will receive a professional certificate as well as an ID badge.

DEADLINE EXTENDED! Applications must be sent to the PCB Office no later than December 31, 2013 to take advantage of the free certification (a \$60 value!).

Questions? Contact PCB at info@pacertboard.org

SPECIAL THANKS

PCB extends a huge thank you to the following facilities/organizations for providing space for various PCB functions:

Caron Treatment Centers

Fagleville Hospital

Gateway Rehabilitation Center

Mercy Behavioral Health

Everyone involved in the certification process appreciates the generosity of these facilities and their continued support of our efforts and initiatives. |

FROM THE DESK OF PCB'S DIRECTOR OF TRAINING AND EDUCATION

Hello everyone! Welcome to another Fall season and, as always, new PCB trainings.

Here are a few of the trainings you can register for today

Fayetteville

I am a Great Therapist, will that make me a Great Supervisor?

The Ethics of Dual Relationships

The Size and Shape of Recovery

Harrisburg

The Ethics of Dual Relationships

Rational Living Therapy

Practical Uses of Motivational Interviewing for the Recovery Professional

Pittsburgh

Training Series: Bringing It Back: On to a Healthy Home

For more information to register for any of these trainings visit www.pacertboard.org and click on Education.

Additions to our training calendar are listed regularly so please check back for updates. If you have any training suggestions or would like to train for PCB please email me at dhaas@pacertboard.org . Enjoy Autumn!! |

PREVENTION SPECIALIST CREDENTIAL UPDATED

IC&RC is proud to announce the finalization of its new Prevention Specialist Job Analysis (JA).

A JA is the methodical process of determining what elements of practice and knowledge are important to assess as part of a certification examination and serves as the blueprint for the examination. It is the process that directly links an examination score to a specific job and ensures that an exam is valid, reliable, and legally defensible. To stay relevant to current trends and practices, a JA must be updated every five to seven years.

The updated content outline describing the domains and task statements can be found [here](#). The first Prevention Specialist examination reflecting the updated content will be administered starting December 13, 2013. |

Are compulsive behaviors affecting other aspects of your life?

The KeyStone Center can help!

KeyStone Center

Are you finding it hard to stop certain behaviors?

The KeyStone Center is a residential Center for treatment of addictions including:

- **Substance Dependence**
- **Sexual Compulsivity and Trauma**
- **Pathological Gambling**

We also offer the full continuum of outpatient services.

For more information, please visit our website at www.KeyStoneCenter.net

WANT TO KNOW MORE ABOUT THE CERTIFICATION PROCESS?

PCB will present a free workshop on the certification process at your facility/agency for your staff upon request. This 1 ½ hour workshop will focus on the requirements for all levels of certification, recertification, and the written exams. 1.5 free PCB education hours will be given to each participant for use toward initial certification or recertification. You will hear first-hand of any changes to the process, new credentials offered, and have an opportunity to ask questions. To arrange for a free workshop at your facility/agency for 10 or more individuals, please email us at info@pacertboard.org.

UPCOMING WORKSHOPS:

Thursday, March 13, 2014, 11 am
Mercy Behavioral Health, Pittsburgh

Tuesday, March 18, 2014 10 am
BHTEN, Philadelphia

To RSVP for the workshops above, email info@pacertboard.org.

LABAN'S ADDICTION SPECIFIC TRAININGS

APPROVED HOMESTUDY TRAININGS

Ask about our 50% off BUDDY discount program!

All trainings approved by NBCC # 5867, ASWB Provider # 1037 for social workers NAADAC Provider 000105

www.last-homestudy.com

15 hour courses- \$95 each

Psychopharmacology in Addiction Settings
Domestic Violence & Substance Abuse
Dual Diagnosis: Personality Disorders
Substance Abuse and Older Adults
Three Theories of Counseling: Psychoanalytic, Cognitive & Reality Approaches
Motivational Counseling
Brief Interventions in Chemical Dependency
Dual Diagnosis: Mood Disorders
Working with Gambling Problems
Brief Family Therapy for Adolescents

10 hour course - \$75

Case Management Issues
8 hour courses - \$65 each
Mental Status Assessment in Addiction Settings
Health Issues for Addiction Setting Employees
Understanding Withdrawal & Detoxification
Drugs of Abuse
Adolescent Treatment Issues

7 hour courses - \$60 each

Criteria Based Documentation
Group Counseling: Process & Techniques

6 hour courses- \$50 each

21st Century Ethics in Counseling
Clinical Supervision Principles, Techniques & Methods
Values Driven Addiction Supervision
Defense Mechanisms/Coping Strategies
Addiction Based Treatment Planning
HIV/AIDS Training
The AIDS Rollercoaster: Counseling the HIV Client
Ethics Training
Dual Diagnosis-Assessment Issues
Aspirational Ethics
Cultural Diversity in Counseling
Cognitive-behavioral Treatment of Cocaine Addiction
Clinical Supervision Foundations
Exploring Ethical Issues
Confidentiality Training
4 hour course - \$30
The Methadone Controversy

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Complete the programmed learning workbook, send us back the completed open book test, and your certificate is mailed back the SAME DAY.

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Address/City/State/Zip: _____

Day / Evening Phone () _____ Alternate Phone: () _____

PLEASE CALL CREDIT CARD ORDERS IN TO THE ABOVE NUMBER OR ORDER ONLINE

MAIL ORDERS TO: LABAN'S TRAINING'S, PO BOX 126307, HARRISBURG PA 17112

Biobehavioral Education and Consultation, LLC.

"Recovery involves the brain, body and spirit."

Craig Strickland, Ph.D., Owner

Biobehavioral Education and Consultation, LLC. is a business which focuses on the relationship between people in recovery and the biological aspects of their recovery including medications taken for psychiatric and addiction diagnoses. The courses I teach include research and best practice techniques for medications prescribed for specific populations. Details about the variety of courses I teach can be reviewed [here](#).

Consultation is provided in a variety of areas including but not limited to the following: how to implement evidenced-based and research-related projects, psychopharmacology groups and in-services for staff, people in recovery and family members, policy/procedures regarding benzodiazepine use, management and discontinuation, and general medication assisted therapy (MAT), program development e.g. continuing quality improvement, enhancing services and increasing income; website development, continuing education unit (CEU) application development, staff development e.g. team building, communication skills, supervisory skill building, common Ground Implementation (see <https://www.patdeegan.com/commonground> for more information on this web-based medication software program), and an introduction to the DSM-5 and its implications

Specific courses and consultation activities can be developed for and tailored to your agency. Contracting is done on an agency specific basis as well. I hope to hear from you so we can discuss how I might help your agency, your staff and the people in recovery you serve.

CODE OF ETHICAL CONDUCT VIOLATIONS

MANNINO, ELIZABETH CAADC #7227 and CCDP Diplomate #7365

Six-month suspension effective 6/26/2013 for violation of Rule 4.1 under Dual Relationships/Exploitation of Clients and Rule 5.2 under Professional Standards

GOLDEN, SEKIYA CADC #8025

Two-year suspension effective 7/15/2013 for violation of Rule 4.1 under Dual Relationships/Exploitation of Clients and Rule 5.4 under Professional Standards

The following suspensions are due to failure to comply with the audited recertification process:

BATTLE, FRANCINE CAAP #7156

Suspension effective 2/22/2013 for violation of Rule 5.3 under Professional Standards

CARIOLA, ANNE CADC #1320

Suspension effective 2/22/2013 for violation of Rule 5.3 under Professional Standards

CULBRETH, SR., ROGER CRS #7659

Suspension effective 2/22/2013 for violation of Rule 5.3 under Professional Standards

DEFELICE, TRACY CADC #7132

Suspension effective 2/22/2013 for violation of Rule 5.3 under Professional Standards

KESSLER, RONALD CRS #7818

Suspension effective 9/4/2013 for violation of Rule 5.3 under Professional Standards

SRAL, STANLEY CCDP #5686

Suspension effective 2/22/2013 for violation of Rule 5.3 under Professional Standards



VILLANOVA UNIVERSITY

ALCOHOL AND DRUG COUNSELING CERTIFICATE PROGRAM

Earn a Certificate in Alcohol and Drug Counseling from Villanova University.
The certificate program will help you meet the C.A.C. educational requirement
and enhance your professional status.

Classes listed below on the right side are also approved by PCB for re-certification.

Fall 2013 Schedule

Core Courses: Fall 2013

- Role of the Addiction Treatment Counselor
- Drug & Alcohol Education
- Intake/Assessment & Record Keeping with the Substance Abuser
- Interviewing & Counseling Techniques with Substance Abusers
- Group Counseling with Substance Abusers
- Ethical Decision Making
- HIV

Elective Courses: Fall 2013

- Relapse Prevention
(Formerly Aftercare/Relapse Prevention)
- Driving Under the Influence
- Harm Reduction Evolving to Recovery
- Assessing and Guiding Spiritual Development in Recovery
- Brief Treatment of Problem Gambling

ONLY \$175 per class

For more information, visit
continuingstudies.villanova.edu
or call **610-519-4310**.

15th Annual Conference

April 28-29, 2014

Harrisburg

Keynote Speaker:

Rhonda McKillip

Rhonda McKillip, M.Ed., LMHC, MAC, CCDCIII, CDP is a psychotherapist, international trainer, and consultant. Ms. McKillip is the author of "THE BASICS, Second Edition: A Curriculum for Co-Occurring Psychiatric and Substance Disorders". McKillip has worked with individuals with co-occurring psychiatric and substance disorders for over 20 years as well as with their families and community support systems. Her goal is to assist primary providers – throughout the direct service continuum of care – in being highly successful in the actual implementation of science-based integrated services. McKillip remains dedicated in promoting consistency in the psychoeducational content and in the therapeutic approach – both essential in the process of providing evidence based practices throughout the entire system of care.

peer networking *exhibits* give-a-ways *awards luncheon*
state-of-the-art-trainings

Featuring:

THE ANONYMOUS PEOPLE



RECOVERY IS OUT - TO CHANGE THE ADDICTION CONVERSATION FROM - PROBLEMS TO SOLUTIONS

A showing of the film followed by a panel discussion.

For more information on *exhibiting, advertising* or *sponsorship*, contact PCB at 717-540-4455 x106 or visit www.pacertboard.org.